

White. 1641.

A New Almanacke and
Prognostication, for the
yeere of our Lord God,

1641.

Being the first after the *Bissextile*
or Leape-yeare.

Calculated for the Meridian of
the most Honourable Citie of
LONDON, and will serve ge-
nerally for the Monarchie of
Great BRITAIN.

By JOHN WHITE, Wel-
willer to the Mathemat.

LONDON.

Imprinted by F.K. for the Com-
pany of STATIONERS

The common Notes and moveable Feasts

For this Yeere For the next.

1641

1642

8	The golden number	9
26	The Circle of the Sun	27
28	The Epas	9
8	The Dominicall letter	8
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7 March.	Shrove Sunday	February 10
25 April	Easter day	April 10
30 May	Rogation Sunday	May 13
3 June	Ascension day	May 19
3 June	Whitsunday	May 29
18 November	Advent Sunday.	November 17

Phyicall Elections.

Take	Flomits	The Moone or Digne in	8 m v v
	Stiffers		v m m
	Gargarismes		8 v
	Preparatibes		m m m
	Stop Rhumes and fluxes		8 m v v
	Purge by needling		8 m v v

Fit times for blood-letting.

The Sanguine from the new moone to the first quarter.
 The Cholericke, from the first quarter to the full.
 The flegmaticke, from the full to the last quarter.
 The Melancholy, from the last quarter to the change.

Dangerous times for blood-letting.

In the heate of Summer, or cold of Winter, or when
 the Moone is in the Digne which governeth that part
 of the body you would let blood; Also within two dayes
 of the change, or full of the Moone.

The beginning and ending of the Termes, with their
 Returnes and Effoyne dayes, dayes of Exception,
 Returna Brevium, and dayes of Appearance,
 for this yeere, 1641.

Returne dayes, or dayes of Effoyne.	Dayes of Exception.	Returna Brevium.	Dayes of Apparance.
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Hillary Terme beginneth the 23. of January, and endeth
 the 12. of February, and hath foure Returnes.

Octa. Hillar.	Janu. 20	Janua. 21	Janua. 22	Janua. 23
Quind. Hillar.	Janu. 27	Janua. 28	Janua. 29	Janua. 30
Craft. Purif.	Feb. 3	Feb. 4	Feb. 5	Feb. 6
Octa. Purif.	Feb. 10	Feb. 11	Feb. 12	Feb. 12

Easter Terme beginneth the 12. of May, and endeth
 the 7. of June, and hath five Returnes.

Quind. Pasch.	May 10	May 11	May 12	May 13
Tres Pasch.	May 17	May 17	May 18	May 19
Menſe Paſch.	May 24	May 24	May 25	May 26
Quinq; Paſc.	May 3	June 1	June 2	June 2
Craft. Aſcen.	June 4	June 5	June 7	June 7

Trinitie Terme beginneth the 25. of June, and endeth
 the 14. of July, and hath foure Returnes.

Craft. Trin.	June 21	June 22	June 23	June 25
Octa. Trin.	June 28	June 29	June 30	July 1
Quind. Trin.	July 5	July 6	July 7	July 8
Tres Trin.	July 12	July 12	July 13	July 14

Michaelmas Terme beginneth the 9. of October, and
 endeth the 29. of November, and hath 8. Returnes.

Octab. Mich.	Octob. 6	Octob. 7	Octob. 8	Octob. 9
Quind. Mich.	Octo. 13	Octob. 14	Octob. 15	Octob. 16
Tres Mich.	Octo. 20	Octob. 21	Octob. 22	Octob. 23
Menſe Mich.	Octo. 27	Octob. 28	Octob. 29	Octob. 30
Craft. Anima.	Novē. 2	Novem. 3	Novem. 4	Novem. 5
Craft. Mart.	Novē. 12	Novem. 13	Novem. 15	Novem. 15
Octab. Mart.	Novē. 18	Novem. 19	Novem. 21	Novem. 21
Quind. Mart.	Novē. 26	Novem. 27	Novem. 29	Novem. 29

The Anatomy of Mans Body, as the parts thereof
are governed by the 12. Celestiall Signes.

Aries, Head and Face.

Taurus,
Necke and
throate.
Cancer,
Breast,
Stomack,
and ribs.
Virgo,
Bowels,
and belly
Scorpio
Secret
members
Capricorn
Knees.



Gemeni
Armes &
Shoulders
Leo,
Heart &
back.
Libra,
Rines &
loynes.
Sagittari.
Thighes
Aquarius,
Legs.

Pisces, the Feet.

Wold fierce Aries ruleth Head and Face,
In Necke and Throate doth Taurus challenge place:
The twining Gemini's, governe Armes and Hands,
The Breast and Stomacke Cancer he commands,
Then lusty Leo hath the Backe and Heart,
Bowels and Belly they are Virgo's part:
In Loynes and Rernes is Libra's libertie,
And Scorpio rules the Stones and Pythies.
The Thighes and Hanch is Sagittarius song,
And both the Knees to Capricorne belong:
Aquarius makes the Legges much aches feele,
And Pisces rules the Feete from Toe to Heele.

January hath xxxi. daies.

Warne meates and clothes this month are good,
Take heed of Bathes and letting blood.

1. Day Sun riseth at 8. and 1. min. sets at 3. and 59. min.

15. Day Sun riseth at 7. and 43. min. sets at 4. and 17. min.


a	New years da.	Knees.		11	d
b	Oct. Steph.	Legges.		12	e
c	Oct. John	Legges.	New Moone	13	f
d	Oct. Innoc.	Legges.	the 1. day, a	14	g
e	Edward dep.	feete.	quarter past	15	a
f	Twelte day.	feete.	3 afternoone.	16	b
g	Felix & Jan.	Head and		17	c
a	Lactan	face.		18	d
b	Joyce virg.	Necke	First quarter	19	e
c	Paul 1. her.	and	the 9. day, a	20	f
d	Sol in Aquar.	throate.	quarter past	21	g
e	Archadius	Armes	4. in the eve=	22	a
f	Hillary bish.	and	ning.	23	b
g	Med. com. in.	hands.		24	c
a	Maurice & b.	Breast and	Full Moone	25	d
b	Marcel. bish.	Stomacke.	the 16. day, a	26	e
c	Anthony dep.	Heart and	quarter past	27	f
d	Prisca virg.	backe.	4. in the mo=	28	g
e	Wolstan bish.	Belly and	ning.	29	a
f	Feb. & Seb.	bowels.		30	b
g	Agnes virg.	Loines and	Last quarter	31	c
a	Vincent mar.	reines.	the 23. day, a	1	d
b	Terme begins	Secrets &	quarter past	2	e
c	Timothy bish.	bladder.	4. in the mo=	3	f
d	Conb. of Paul	Thighes &	ning.	4	g
e	Policarp. bish.	hanches.		5	a
f	Agnes the 2.	Knees.		6	b
g	Valerius bish	Knees.	New Moone	7	c
a	Theodo. pr.	Knees.	the 30 day, at	8	d
b	Basil. Au.	Legges.	8 in the mo=	9	e
c	Returne	Legges.	ning.	10	f


February hath xxviii. dayes.


Milke, Herbes and Fennish fowle deny;
Purge not, nor use Phlebotomie.

1. Day Sun riseth at 7. and 13. min. sets at 4. and 47. min
15. Day Sun riseth at 6. and 46. min. sets at 5. and 14. min

1	d	Widget fall	feete.	11	g
2	e	Purific. Mary	feete.	12	a
3	f	Blase bish.	feete.	13	b
4	g	Gilbert bish.	head &	14	c
5	a	Agathe vtr.	face.	15	d
6	b	Dorothe vtr.	Necke and	16	e
7	c	Angule bt.	throate.	17	f
8	d	Paul bish.	Armes and	18	g
9	e	Apollina vtr.	hands.	19	a
10	f	Sol in Pisces	Breast	20	b
11	g	Botheris bi.	and	21	c
12	a	Scrine ends	Stomache.	22	d
13	b	Mollian bi.	Heart and	23	e
14	c	Valentine	backe.	24	f
15	d	Faulin & Jo.	Belly and	25	g
16	e	Julian vtr.	bowels.	26	a
17	f	Bernant	Loines and	27	b
18	g	Hugh bish.	riues.	28	c
19	a	Simeon	Secrets &	1	d
20	b	Widred vtr.	bladder.	2	e
21	c	Leptuag. sm	Thighes	3	f
22	d	Med goes on	and	4	g
23	e	Pollicarp fall	hanches.	5	a
24	f	S. Mathias	knees.	6	b
25	g	Victorine	knees.	7	c
26	a	Inuent. Paul	Legges.	8	d
27	b	Pellor mart.	Legges.	9	e
28	c	Augustine bi.	feete.	10	f


First quarter
the 8. day, at
12. at noone.


Full Moone
the 15. day, at
3. in the after=
noone,


Last quarter
the 21. day, at
6. in the mor=
ning.

S. Mathias falleth on the 25. day of this moneth when
it is Leape=peere, the other 3. peeres on the 24. day.

March hath xxxj. daves.

Grosse meates doe hurt, use foode that's fine.
Let blood, and take some medecine.





1. Day Sun riseth at 6. and 18. min. sets at 5. and 42. min.
15. Day Sun riseth at 5. and 40. min. sets at 6. and 10. min

d	David bishop	feete.		11	s
e	Chad bishop	feete.	●	12	a
f	Maurice	head		13	b
g	Nolan	and	New Moone	14	c
a	Jocaz & Cu	face.	the 1. day, 3	15	d
b	Widoz & Wic.	becke and	quarters past	16	e
c	Shrobe lund.	throate.	1, in the moz-	17	f
d	Felix Mart.	Armes &	ning.	18	g
e	40. Martyrs	hands.	First quarter	19	a
f	Ashwednesday	Breast	the 9. day, 3	20	b
g	Solin Aries	and	quarters past	21	c
a	Gregory	Stomacke.	4. in the	22	d
b	Theodore	Heart and	morning.	23	e
c	Quadrages	backe.		24	f
d	Longine	Belly and	●	25	g
e	Bontface bi.	bowels.	Full Moone	26	a
f	Patrick	Loines and	the 16. day,	27	b
g	St. Edward	reines.	halfe an houre	28	c
a	Ember w. ch	Secrets &	past 12, at	29	d
b	Eutbert	bladder.	noone.	30	e
c	Benedict	Thighes &	☾	31	f
d	Abbas	hanches.	Last quarter	1	a
e	Theodore	knees.	the 22. day, at	2	b
f	Agapite fast	knees.	6. at night.	3	c
g	Annunc. Mary	Legges.		4	d
a	Cassio mart.	Legges.	●	5	e
b	Init Reg. Caro	Legges.	New Moone	6	f
c	Dorothe	feete.	the 31. day, a	7	a
d	Quintine	feete.	quarter of an	8	b
e	Quintine	head and	houre past 7, 9	9	c
f	Thelme bish.	feete.	at night	10	d

April hath xxx. daies.

The blood being hot, coole hearbes now use,
And March his precepts not refuse.

1. Day Sun riseth at 5. and 16. min. sets at 6. and 44. min.
15. Day Sun riseth at 4. and 51. min. sets at 7. and 9. min.


1	g	Gildard	face.		11	c
2	a	Mary Egypt	Necke &		12	d
3	b	Richard bish.	throate.		13	e
4	c	Ambrose bish.	Armes		14	f
5	d	Vincent con.	and	First quarter	15	g
6	e	Maximus bish.	hands.	the 7. day,	16	a
7	f	Euphémie	Breast &	halfe an houre	17	b
8	g	Egeleppus	Stomache.	past 5. in the	18	c
9	a	Perpetuus	Heart and	afternoone.	19	d
10	b	Jol in Taurus	backe.		20	e
11	c	Euthlate	Belly and		21	f
12	d	Julius bish.	bowels.		22	g
13	e	Senon bish.	Loines and		23	a
14	f	Olyffe	retines.	Full Moone	24	b
15	g	Oswald arch	Secrets &	the 14. day,	25	c
16	a	Adoys bish.	bladder.	at 3. in the	26	d
17	b	Anicete	Thighes &	morning.	27	e
18	c	Elmheri bish	hanches.		28	f
19	d	Alphege	Knees.		29	g
20	e	Aldor bish.	Knees.		30	a
21	f	Simcon	Knees.	Last quarter	1	b
22	g	Sother btr.	Legges.	the 21. day,	2	c
23	a	S. George	Legges.	halfe an houre	3	d
24	b	Wilfride fast	feete,	past 7. in the	4	e
25	c	Easter day	S. Marke Ev.	morning.	5	f
26	d	Clete	Head		6	g
27	e	Anastassus	and		7	a
28	f	Wicalls	face	New Moone	8	b
29	g	Peter mill.	Necke and	the 30. day	9	c
30	a	Erkenwald.	throate	halfe an houre	10	d
				past 11. at		
				moone.		


May hath xxxi. daies.


Put Sage in drinke, drinke Worme-wood-wine,
Use Physickes helpe, walke mornings fine.


1. Day Sun rieth at 4. and 23. min. sets at 7. and 37. min.
15. Day Sun riseth at 4. and 4. min. sets at 7. and 56. min.

b	Phil. & Jacob	throate.	11	e
c	Low Sunday	Armes and	12	f
d	Med. coms in	hands.	13	g
e	Christopher	Breast &	14	a
f	Goddard	Stomacke.	15	b
g	John port. lat	Heart and	16	c
a	John Beberl	backe.	17	d
b	Appa. Mich.	belly	18	e
c	Trans. Mich.	and	19	f
d	Godian	Bowels	20	g
e	Sol in Gem.	Loines and	21	a
f	Terme begin.	reines.	22	b
g	Gerbat.	Secrets &	23	c
a	Boniface	bladder.	24	d
b	Ilidoze	Thighes &	25	e
c	Brandon bish	hanches.	26	f
d	Bernard tran	knees.	27	g
e	Disco. mar.	knees.	28	a
f	Dunstan con.	Legges.	29	b
g	Bernardine	Legges.	30	c
a	Ellen Queen	feete.	31	d
b	Julian virg.	feete.	1	e
c	Desiderit	feete.	2	f
d	Fran. tran	head and	3	g
e	Idelme bish.	face.	4	a
f	Bede pr.	Necke	5	b
g	Germane	and	6	c
a	Corone bish.	throate	7	d
b	Nichomeie	Armes and	8	e
c	Rogation sun	hands.	9	f
d	Med. goes out	Breast	10	g


First quarter
the 7. day, 3
quarters past
2. in the mor-
ning.


Full Moone
the 14. day,
at 5. in the
evening.


Last quarter
the 21. day, a
quarter past
11. at night.



New Moone
the 29. day,
halfe an houre
past 1. in the
morning.


June hath xxx. Dayes.


Let Physicke goe, coole hearbes now take,
Sweete drinckes and Venus now forsake.


1. Day Sun riseth at 3. and 50. min. sets at 8. and 10. min.
15. Day Sun riseth at 3. and 47. min. sets at 8. and 13. min.

1	e	Nichomede	Breast and	11	a
2	f	Marcellus fa	Stomacke.	12	b
3	g	Vicention day	Heart and	13	c
4	a	Petroſius	backe.	14	d
5	b	Bontifacius	Belly and	15	e
6	c	Melontus	bowels.	16	f
7	d	Terme ends	Loines &	17	g
8	e	Edmund tra.	reines.	18	a
9	f	Medard	Secrets &	19	b
10	g	Inas confeſ.	bladder.	20	c
11	a	Barnabe ab.	Thighes &	21	d
12	b	Sol in Cancer	hanches.	22	e
13	c	Whitsunday	Knees.	23	f
14	d	Basil biſhop	Knees.	24	g
15	e	Modestus	Legges.	25	a
16	f	Ember week	Legges.	26	b
17	g	Gotolph	Legges.	27	c
18	a	Crecupertus	feete.	28	d
19	b	Med. com. in.	feete.	29	e
20	c	Trinity ſund.	Head	30	f
21	d	Malburge	and	1	a
22	e	Viban Mar.	face.	2	b
23	f	Etheld. cau.	Necke &	3	c
24	g	S. John Bap.	throate.	4	d
25	a	Terme begins	Armes and	5	e
26	b	John & Paul	hands.	6	f
27	c	Crefcencce	Breast	7	a
28	d	Leontis faſt.	and	8	b
29	e	S. Peter	Stomacke.	9	c
30	f	Con. of Paul	Heart	10	d


First quarter
the 6. day, a
quarter paſt
9. in the mor-
ning.


Full Moone
the 12. day, at
2. in the mor-
ning.


Laſt quarter
the 20. day,
at 4. in the
afternoone.


New Moone
the 28. day,
at 2. after-
noone.

july hath xxxj. dayes.


Use Sallets fresh to coole the heate,
And bath in Springs to cleanse the sweate.


1. Day Sun riseth at 3. and 56. min. sets at 8. and 4. min.
15. Day Sun riseth at 4. and 12. min. sets at 7. and 48. min


0. min.
3. min


11 a
12 b
13 c
14 d
15 e
16 f
17 g
18 a
19 b
20 c
21 d
22 e
23 f
24 g
25 a
26 b
27 c
28 d
29 e
30 f
31 g

11	a	Dr. Joh. Ba.	backe.
12	b	Wist. of Ma.	Belly and
13	c	Tran. Tho.	bowels.
14	d	Martin tran.	Loines and
15	e	Foe Wrig.	reines.
16	f	Data. of Det.	Secrets &
17	g	Thomas tra.	bladder.
18	a	Grimbald	Thighes &
19	b	Ciril bish.	hanches.
20	c	7. Brethren	knees.
21	d	Benedict	knees:
22	e	Raboz & fe.	knees.
23	f	Sol in Leo	Legges.
24	g	Terme ends	Legges.
25	a	Swithin.	feete.
26	b	Olmond	feete.
27	c	Kenelme	Head
28	d	Arnulph	and
29	e	Dog. dat. beg.	face.
30	f	Margaret	Necke &
31	g	Praxed	throate
1	a	Mary Mag.	Armes
2	b	Apoline	and
3	c	Christin fast	hands.
4	d	S. James Ap.	Breast and
5	e	In. Ma. mo.	stomacke.
6	f	7. Sleepers	Heart &
7	g	Damplon bt.	backe.
8	a	felix & fel.	Belly and
9	b	Abdon	bowels.
10	c	Germane	Loines


First quarter
the 5. day,
halfe an houre
past 1. in the
afternoone.


Full Moone
the 12. day,
at 12. at
neone.


Last quarter
the 20. day,
at 9. in the
morning.


New Moone
the 27. day,
halfe an houre
past 12. at
midnight.

11	c
12	d
13	e
14	f
15	g
16	a
17	b
18	c
19	d
20	e
21	f
22	g
23	a
24	b
25	c
26	d
27	e
28	f
29	g
30	a
31	b
1	c
2	d
3	e
4	f
5	g
6	a
7	b
8	c
9	d
10	e


August hath xxxi. daies.


Fly Physicke and Phlebotomie,
Eschew cold Bathes and Venerie.


1. Day Sun riseth at 4. and 38. min. sets at 7. and 22. min.


15. Day Sun riseth at 5. and 4. min. sets at 6. and 56. min.

1	C	Lammas day	Reines.	11	F
2	d	Steph. mar.	Secrets	12	g
3	e	Ans. Steph.	and	13	a
4	f	Iustin. ppi.	bladder.	14	b
5	g	Osuald	Thighes &	15	c
6	a	Transf. Dom	hanches.	16	d
7	b	feast of Iesu	knees.	17	e
8	C	Ciracke	knees.	18	F
9	d	Roman mart.	Legges.	19	g
10	e	Lawrence m.	Legges.	20	a
11	f	Eiburt mar.	feete.	21	b
12	g	Clare Virg.	feete.	22	c
13	a	Sol in virgo	feete.	23	d
14	b	Eusebius	Head &	24	e
15	C	Alum. Mar.	face.	25	F
16	d	Bochus mar.	Necke	26	g
17	e	Oct. Law.	and	27	a
18	f	Agapite	throate.	28	b
19	g	Magnus	Armes and	29	c
20	a	Lewes	hands.	30	d
21	b	Bernard	Breast &	31	e
22	C	Oribattus	Stomacke.	1	F
23	d	Timoth. tall.	Heart	2	g
24	e	Bartholom. A.	and	3	a
25	f	Leobodiscus	backe.	4	b
26	g	Seberine	Belly and	5	c
27	a	Ruffinus	bowels.	6	d
28	b	Augustine bi	Loines and	7	e
29	C	Dog daies end	reines	8	F
30	d	Felix & And.	Secrets &	9	g
31	e	Paulinus	bladder.	10	a


First quarter
the 3. day, at
6. at night.


Full Moone
the 10. day,
a quarter past
mid=night.


Last quarter
the 18. day, a
quarter past
2. in the mor-
ning.


New Moone
the 26. day at
10. before
noone.

September hath xxx. daies.

Now drinke Goates milke, on ripe fruits feede;
(If neede require) Purge, Bath and Bleed.

1. Day Sun riseth at 5. and 37. min. sets at 6. and 23. min.
15. Day Sun riseth at 6. and 4. min. sets at 5. and 56. min.

f	Giles Abbat	Thighes &	11	b
g	Anthony	hanches.	12	c
a	Gregory	knees.	13	d
b	Eutbert	knees.	14	e
c	Bertine	Legges.	15	f
d	Eugenius	Legges.	16	g
e	Emurectus	Legges.	17	a
f	Pat. of Mary	feete.	18	b
g	Gorgonius	feete.	19	c
a	Silvius	Head	20	d
b	Prothus	and	21	e
c	Martian	face.	22	f
d	Sol in Libra	Necke	23	g
e	Holy Crosse	and	24	a
f	Ember wecke	throate.	25	b
g	Edith birg.	Armes and	26	c
a	Hugh	hands.	27	d
b	Victor & Cor.	Brest and	28	e
c	January ma.	Stomacke.	29	f
d	Eustace lat.	Heart and	30	g
e	S. Mathew Ev.	backe.	1	a
f	Mauricius	Belly and	2	b
g	Tecla vir.	bowels.	3	c
a	Andoche	Loines and	4	d
b	Firmin	reines.	5	e
c	Cyprian	Secrets &	6	f
d	Cosm. & Da.	bladder.	7	g
e	Creupe.	Thighes &	8	a
f	Michael Arch	hanches.	9	b
g	Hierome pr.	knees.	10	c

first quarter
the 1. day, a
quarter past 12
at mid-night.

full Moone
the 9. day, at
3. afternoone.






last quarter
the 17. day, at
7. at night.

new Moone
the 24. day, at
at 7. at night.

October hath xxxj. Dayes.

Strong Wine, hot Bathes, and spice that's good,
Preserves our health; purge, and let blood.

1. Day Sun riseth at 6. and 36. min. sets at 5. and 24. min.
15. Day Sun riseth at 7. and 3. min. sets at 4. and 57. min.

1	a	Bemigtus	Knees.		11	d
2	b	Leodegarius	Legges.		12	e
3	c	Candide	Legges.		13	f
4	d	Francis	Legges.	First quarter	14	g
5	e	Spokinary	feete.	the 1. day, 3.	15	a
6	f	Saith virg.	feete.	quarters past	16	b
7	g	Mar. & Mar.	Head	9. in the moyn-	17	c
8	a	Delagius	and	ning,	18	d
9	b	Lerne begins	face.		19	e
10	c	Cereon & Al.	Necke and		20	f
11	d	Picallus	throate.	Full Moone	21	g
12	e	Wilfride	Armes	the 8. day, 3	22	a
13	f	Sol in Scorpio	and	quarters past	23	b
14	g	Calixtus	hands.	7. in the moyn-	24	c
15	a	Wolfran	Breast and	ning,	25	d
16	b	Michaelmon.	Stomacke		26	e
17	c	Etheldred	Heart and	Last quarter	27	f
18	d	S. Luke Evang	backe.	the 17. day, at	28	g
19	e	Frideswide	Belly	10 in the	29	a
20	f	Altrebert	and	moynng.	30	b
21	g	11000. Virg.	bowels.		31	c
22	a	Mary Sol.	Loines and	New Moone	1	d
23	b	Romanus	reines.	the 23. day,	2	e
24	c	Maglorie	Secrets &	at 4. in the	3	f
25	d	Cris. & Crisp.	bladder.	moynng.	4	g
26	e	Ursula	Thighes &		5	a
27	f	Florence fall	hanches.	First quarter	6	b
28	g	Simon & Jude	Knees.	the 3. day,	7	c
29	a	Marcellus	Knees.	a quarter past	8	d
30	b	Fermane	Legges.	11. at night.	9	e
31	c	Quintin. fall.	Legg s.		10	f

November hath xxx. Dayes.

From cold preserve thy head and feete,
Abstaine from wine that's new and sweete.

1. Day Sun riseth at 7. and 34. min. sets at 4. and 26. min.

15. Day Sun riseth at 7. and 55. min. sets at 4. and 5. min.

1	d	All Saints	feete.		11	B
2	e	All Soules	feete.		12	a
3	f	Winifride	feete.		13	b
4	g	Imantius	Head &	●	14	c
5	a	Powder Treca.	face.	Full Moone	15	d
6	b	Leonard	Necke	the 7. day,	16	e
7	c	Witbrode	and	at 2. in the	17	f
8	d	4. Crowned	throate.	morning.	18	g
9	e	Theodore	Armes		19	a
10	f	Martine	and		20	b
11	g	Martine bish.	hands.	☾	21	c
12	a	Sol. in Sagit.	Breast and	Last quarter	22	d
13	b	Hyce	Stomache.	the 15. day at	23	e
14	c	Erken transf.	Heart and	11. at night.	24	f
15	d	Macute	backe.		25	g
16	e	Edmund	Belly &		26	a
17	f	S. Hugh.	bowels.	●	27	b
18	g	St. Martine	Loines and	New Moone	28	c
19	a	Nat. R. Char.	reines.	the 22. day, at	29	d
20	b	Edmund	Secrets &	2. afternoone.	30	e
21	c	Biel. of Ma.	bladder.		1	f
22	d	Cicell Wrg.	Thighes &	☾	2	g
23	e	Clement	hanches.		3	a
24	f	Crylogon	knees.		4	b
25	g	Katherine	knees.	First quarter	5	c
26	a	Linus bish.	Legges.	the 19. day, a	6	d
27	b	Agroctia	Legges.	quarter past	7	e
28	c	Advent Lund.	feete.	4. in the eve-	8	f
29	d	Terme ends	Also goout.	ning.	9	g
30	e	S. Andrew. Ap.	feete.		10	a

December hath xxxi. daies.

Use meates that's warme, hot spice and wine,
Invite the Poore to sup and dine.

1. Day Sun riseth at 8. and 10. min. sets at 3. and 50. min.
13. Day Sun riseth at 8. and 13. min. sets at 3. and 47. min.

1	f	Eulegi. bisho	Head	11	b
2	g	Libanus ma.	and	12	c
3	a	Dopo. of Ol.	face.	13	d
4	b	Barbara	Necke and	14	e
5	c	Sabbe bish.	throate.	15	f
6	d	Nicholas	Armes	16	g
7	e	Ambrose	and	17	a
8	f	Conc. of Pa.	hands.	18	b
9	g	Cyprian	Brest and	19	c
10	a	Eulalte	Stomache.	20	d
11	b	Damase bish.	Heart	21	e
12	c	Sol in Capri.	and	22	f
13	d	Lycie	hache.	23	g
14	e	Otholte	Belly and	24	a
15	f	Ember wecke	bowels.	25	b
16	g	Sapientia	Loines and	26	c
17	a	Lazarus	reines.	27	d
18	b	Gratlan bish.	Secrets &	28	e
19	c	Genesia virg.	Bladder.	29	f
20	d	Iulian tal	Thighes &	30	g
21	e	Thomas Apo.	haunches.	31	a
22	f	30. Martyrs	knees.	1	b
23	g	Victor virg.	knees.	2	c
24	a	Candide tal	knees.	3	d
25	b	Christmas d.	Legges.	4	e
26	c	S. Stephen.	Legges.	5	f
27	d	S. Iohn Evan.	feete.	6	g
28	e	Innocents	feete.	7	a
29	f	Thom. Beck.	Head &	8	b
30	g	James transl.	face	9	c
31	a	Silvester	Necke	10	d

●
Full Moone
the 7 day
haife an houre
past 8 at
night.

☾
Last quarter
the 15. day, a
quarter past
9. in the morn-
ning.

●
New Moone
the 21. day, at
1. in the morn-
ning.

☾
first quarter
the 29. day, at
12. at noone

WHITE. 1641.

A Prognostication for
this yeare of our Lord

God. 1641.

Being the first after *Bissextile*,
or Leape-yeare.

Wherein is conteyned the state
of the whole Yeare; the disposition of
each Quarter; and the Inclination
of the Weather for euery Quarter
of the Moone throughout the whole Yeare.

With certain bri fe notes concerning the
yeer and the parts thereof, with other generall
Rules.

*With other things fit to be known, both
pleasant and profitable.*

And at the end of the booke, is the whole
Almanacke, conteyned in one Lease, for this
Yeare 1641. which being cut out, is fit to be
placed into a Table-Booke, Booke
of Accompt, or other.

By *Iohn White*, Well-willer to the *Mathematicks*.

LONDON,

Printed by *J. R.* for the Company
of Stationers. 1641.

A Chronologic or Computation of yeeres to this present yeere. 1641.

Since the Creation of the World to this yeere	5590
Since the Flood	3934
Since London was built	3749
Since Yorke was built	2607
Since Rome was built	2391
Since the destruction of Ierusalem	1570
Since England first received the Christian Faith	1461
Since the Conquest of England by Duke William	55
Since S. Pauls Church in London was built	55
Since London-bridge was built with stone	465
Since the first Lord Mayor of London	450
Since the Order of the Knights of the Garter	297
Since the Invention of Gunnes	261
Since the Art of Printing was invented	161
Since King Henry the 8. conquered Bulloigne	96
Since the first use of Coaches in England	86
Since the burning of Pauls steeple	85
Since the Royall Exchange was built	76
Since the Carles rebellion in the North	71
Since the blasing Starre, and sharpe Winter	69
Since the Massacre in France	69
Since the whole Heavens seemed to burne with Fire	67
Since the former deepe Snows	63
Since the generall Earthquake	61
Since Tobacco was first used in England	56
Since the Campe at Tilbury in Essex	53
Since the greates Plague in London	38
Since the Gunpowder Treason	36
Since the former great Frost	33
Since the death of Prince Henrie	29
Since the former deepe Snows	26
Since his last Blasing-starre	23
Since the Meddies returne from Spaine	18
Since the fall at Blackfryers	18
Since his Waterlines proclaiming	16
Since Prince Charles was borne	11

*A briefe Declaration of the
Disposition of the foure Quar-
ters of this Yeare.*

And first of Winter.

*The Winter Quarter best doth prophesie
To all Degrees, and Sexes, their estate.*

Sol in Capricorne, Aquarius, Pisces.

The Winter Quarter (as saith the ancient Astro-
nomers) began the last yeare 1640. upon
Saturday being the 12. of December; upon
which day the Sun made his first entrance
into the first degree of the Hyemal Signe of
Capricorne, which Quarter doth end this
yeare 1641. upon the 11. day of March, being Thursday;
in which space of time the Sun maketh his passage through
these three Winterly Signes, Capricorne, Aquarius, and Pisces.

The naturall quality of this Quarter is to be cold and moyst,
(of contrary quality to the Summer) and is of the Phlegmatick
Complexion, which humour doth most predominate in our bodies
from three of the Clocke in the afternoone, till ix. of the clocke
at night. Now doe the sea-coast Mariners endure many a storme
on the raging Ocean; the Windes are strong and high, making
the billowes of the Sea to fume and swell: The Floods
are at highest, the Ayre coldest, the Dayes shortest, and Nights
longest, and the strength and vigour of euery Creature decayeth.
The pores of the Earth are now enclosed and shut up by the
extreme coldness of the Ayre: Fowles get them to the war-
mist Regions, Beasts seek for a shelter, Serpents betake
them to their denmes, and the Fishes get into the deepest of the
waters for their warmth and comfort: And whatsoever the
cheerfull Spring and comfortable Summer did produce and
nourish, this Quarter doth destroy and banish. The colder
and drier the Winter is, it is the more wholesome for Man

A Prognostication.

and Beasts: yet too much cold killeth Plants & Trees in a cold Climate: A moyst and warme Winter is an enemy to Nature, but a friend to Husbandry; and indifferent store of Snow doeth enrich the Earth, and preserveth Corn. Now for the preservation of our healths, it is fit that we should use such meates whose operation are of a hot and drye qualitie, expelling the cold & immoderatelye ayre with good fires, warme Broaches, comfortable Drinks, and strong Salines: Being carefull to keep thy head & Feet from cold & wet: But yet can the body digest more gross and strong Meates then in Summer, by reason that the naturall heat is driven (by the coldnes of the ayre) into the inward parts of the body, to comfort the vitall Spirits, & to helpe digestion.

The usuall Diseases of this Quater, are these (or the like) as Rheumes, Coughes, Poles, Palsies, Colic, Agues, Sore Eyes, Catarrhs, Crampes, Tooth-ach, Sciatickes, Fluxes, &c.

Of the Second part of the Yeare called the Spring.

*The Spring compared is to Infancy,
To spring and grow in Vertue till we dye.*

Sol in Aries, Taurus, Gemini.

The Spring Quater is the most comfortable of all the yeare, and taketh its beginning when the glorious and resplendant Sunne entereth into the first degree of the first Equinoctiall Signe Aries, which is upon Thursday being the xi. of March, & continueth till Saturday the xii. of June, in which space of time the Sunne maketh his revolution through these three Vernall Signes, Aries, Taurus, Gemini.

The proper condition of this Quater is hot and moyst, participating of the Sanguine complexion: which humour hath most prebomination from nine a Clocke at night, till three of the Clocke in the morning. Now are the dayes and nights of an equall length, and the cheerefull Sunne shines to smile upon the face of the new recovered Earth, causing it to produce all kinde of varieties to our senses. This of all the other Quaters of the yeare, is the most pleasant and wholesome;

some, it being the most convenient time to remove Diseases of a long continuance, and to prevent those which are like to ensue. Also doe the Birds of the ayre couple and breed, Beasts of the Earth increase, and the Fishes of the Waters doe multiply in abundance; forsaking the deepe to live in more shallowe places: And now the Earth bringeth forth all sorts of Flowers, Herbes, Fruits and Plants, for the needfull use of Man and Beast. The Spring over-wet increaseth Weedes, causing Fruits to be scarce and rotten: It is fitting (for the preservation of our healths) that we now use such Meates as are of a colde and drye qualitie; and let your Drinckes be more coole & small then in Winter: And now (if need require) is the best time to Purge, Bathe, Bleede, and Sweat.

The usuall Infirmities of this Quarter, are Small-pocks, Scabbes, Pusshes in the face, Ringes eull, Agues, Fevers, &c.

Of the third part of the Yeare, called Summer.

*Like Man in his chiefe state and lusty yeares,
The ripening Summer Quarter best appears.*

Sol in Cancer, Leo, Virgo.

The Summer Quarter doth beginne when the scorching Sun entereth into the first degree of the Northern Tropique of Cancer, which is upon Saturday the xii of June, and doth continue till Sunday the xiii. of September, in which sort of time hee passeth through these three Sollicitall Signes, Cancer, Leo, Virgo.

The naturall condition of this Quarter is to be hot & dry, being part of the Cholerike Complexion, which humours chiefly governe from 3. of the Clock in the morning, till 9. before noone. Day is the Sunne at the highest, causing the dayes to be at the longest, and nightes shortest. Vents is at the highest, floods at the lowest, Seas most quiet, and the Winds most calme: And now is the fruitful Earth clothed in her richest ambrodery, imparting of her store to all sensible Crea-

A Prognostication

tured for their vse and comfort: Flowers are in their heauie,
and Fruites in their delicatesie; and the painefull Bees gather
their Honey for their future sustenance: For to naturall heate is
dispersed abroad into the outward parts of the Body, as in
Spring is not so hot within as in Winter, neither can bee digest such
grosse and strong Meates, as then; yet the most small and
coole Drinckes are most convenient for our healths, and little
store of Meates doeth best suffice Nature; and those which bee
boyled are most wholesome, and vse such things as are of a
cold and moist qualitie: An over-wet Summer rotteih
Fruite, and destroyeth Come.

The Sicknesse and Diseases of this Quarter, are Fevers,
Perillence, Jaundies, Agues, paine in the Head and Belly, &c.

Of the fourth part of the Yeere, called Autumne or Haruest.

*As Autumne steales the sappe from Tree and Flower,
So Death comes creeping neerer euery houre.*

Sol in Libra, Scorpio, Sagittarij.

A Yewng, or Haruest, (commonly called the fall of the
Leafe) becometh when the Sun entereth into the first de-
gree of Libra, which is vpon Sunday the xiii. of September,
and endeth vpon Sunday the xii. of December: where becom-
eth the second Equinoctiall, in which time he runneth his
passage through these three Autumnall Signes, Libra, Scor-
pio, Sagittarij.

The vsuall condition of this Quarter is to be cold and drye,
participating most of the Melancholy Complexion, which
Humor doth chiefly govern from ix. of the Clocke in the
Mornng, till 3. in the afternoone. The dayes are now againe
equally ballanced with the nights; the Grasse is mowed, Come
is reaped, Fruites gathered, and the painefull Husband-man reap-
eth the profite of his forepassed labours: Now doeth the Earth
lose the beautie of her former glorie, Flowers fade, Leaues bee
fall, Floods increase, and all Creatures loose their former
Strength & vigour, and the most part of sensible Creatures recei-
ue

White. 1641.

Wheter against the storme ensuing Winter: Of all the se-
ner Quarters of the year this is the most untoward, bre-
wing diseases of divers kinds in our bodies: therefore beware of
the morning and evening cold, & use such things as are of a hot
and moist quality: It is now a time (if need require) to Purge,
Bleed, and Bleed: Autumne being over, wet putrifieth Grapes,
making bad Wines, and scarcity of Fruit.

The diseases and sicknesses of this Quarter are many, as these
in the list; the Stone, paine in the Backe and Rionies, sore
Eyes, Melancholy, Falling sickness, Agues, Fluxes of Blood,
Fistulas, Tumors, Spleene, &c.

██

A briefe Declaration of the disposi-
tion of the weather for every Quar-
ter of the Moone, for this Year,
1 6 4 1.

January.

New Moone on Friday the i. day, at three of the clocke
in the afternoone, frost

First Quarter on Saturday, the ix. day, a quarter past iii.
at the clocke in the Evening, faire.

Full Moone on Saturday, the xvi. day, a quarter past iii.
of the clocke in the Morning, Indifferent.

Last Quarter on Saturday the xxiii. day, a quarter past iii.
in the Morning, Wet.

New Moone on Saturday, the xxx. day, at viii. of the
clocke in the Morning, Windy.

February.

First Quarter on Monday the viii. day, at xii. of the clocke
in Moone, frost.

Full Moone on Monday the xv. day, at iii. of the clocke in
the afternoone, frost.

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Last Quarter on Sunday the xii. day, at vi. the clocke in the morning, Windy and wet.

March.

Full Moone on Monday the first day, 3 quarters of an houre past i. of the clocke in the Morning, faire.

First Quarter on Tuesday the ii. day, 2 quarters of an houre past iiii. of the clocke in the morning, windy.

Full Moone on Tuesday the xvi. day, halfe an houre past xii. of the clocke at noon, Indifferent.

Last Quarter on Tuesday the xxii. day, at vi. of the clocke at night, F. on.

New Moone on Wednesday the xxiii. day, a quarter of an houre past vii. of the clocke at night, faire.

April.

First Quarter on Wednesday the vii. day, halfe an houre past v. of the clocke in the after noone, wet.

Full Moone on Wednesday the xiii. day, at nine of the clocke in the morning, Windy.

Last Quarter on Wednesday the xxi. day, halfe an houre past vii. of the clocke in the morning, faire.

New Moone on Friday the xxv. day, halfe an houre past xi. of the clocke at noon, indifferent.

May.

First Quarter on Friday the vi. day, three quarters of an houre past ii. of the clocke in the morning, Faire.

Full Moone on Friday the xii. day, at v. of the clocke in the morning, wet.

Last Quarter on Friday the xxi. day, a quarter of an houre past xi. of the clocke at night wet.

New Moone on Saturday the xxix. day, halfe an houre past one of the clocke in the morning, Windy.

June.

First Quarter on Sunday the vi. day, a quarter of an houre past i. of the clocke in the morning, indifferent.

Full Moone on Saturday the xii. day, at two of the clocke in the Morning, faire.

White. 1641.

Last Quarter the xx. day, on Sunday, at xiii. of the clocke in the afternoone, very hot.

New Moone on Monday the xxviii. day, at ii. of the clocke in the afternoone, indifferent.

Julie.

First Quarter on Wednesday the xii. day, at xii. of the clocke at noon, gentle blasts.

Full Moone on Monday the xii. day, at xii. of the clocke at noon, faire.

Last Quarter on Tuesday the xx. day, at ix. of the clocke in the morning, indifferant.

New Moone on Tuesday the xxvi. day, halfe an hour past xii. of the clocke at midnight, very hot.

August.

First Quarter on Tuesday the xii. day, at vi. of the clocke at night, wet.

Full Moone on Tuesday a quarter of an hour past xii. of the clocke at midnight, windy.

Last Quarter on Wednesday, the xxviii. day, a quarter of an hour past two in the morning, faire.

New Moone on Thursday, the xvi. day, at x. of the clocke in the foremoone, Indifferant.

September.

First Quarter on Wednesday the first day, a quarter of an hour past xii. of the clocke at midnight, fayre.

Full Moone on Thursday the ii. day, at three of the clocke in the afternoone, Wet.

Last Quarter on Friday the xvi. day, at vii. of the clocke at night, fayre.

New Moone on Friday, the xxiii. day, at vii. of the clocke at night, Indifferant.

October.

First Quarter on Friday, the first day, three quarters of an hour past ix. of the clocke in the morning, faire.

Full Moone on Friday the viii. day, three quarters of an hour past vii. in the morning, faire.

Last

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Last Quarter on Sunday the xlii. day, at x. of the clocke in the morning, Indifferent.

New Moone on Saturday the xlii. day, at xlii. of the clocke in the morning, Windy.

First Quarter on Saturday, the xlii. day, a quarter of an houre past xi. of the clocke at night, Cloudy.

November.

Full Moone on Sunday the vii. day, at two of the clocke in the morning, frost.

Last Quarter on Monday, the xv. day, at two of the clocke in the afternoone, saye.

New Moone on Monday, the xxi. day, at li. of the clocke after noone, hard weather.

First Quarter on Monday, the xxv. day, a quarter of an houre past lii. of the clocke in the evening, Wet.

December.

Full Moone on Tuesday the vii. day, half an houre past vii. of the clocke at night, saye.

Last Quarter on Wednesday, the xv. day, a quarter of an houre past ix. of the clocke in the morning, wet and windy.

New Moone on Tuesday, the xxi. day, at one of the clocke in the morning, Frost.

First Quarter on Wednesday the xxv. day, at xii. of the clocke at noone, saye.

Of the Ecclipses this Yeare.

There will be no Eclipse either of the Sun
or Moone to be seene in our Horizon this
Yeare.

Certaine

Certaine briefe Notes concerning the
Yeare and parts thereof, with other
generall Rules.

A Yeare properly is that revolution and space of time wherein the Sun passeth through the twelue Signes of the Zodiack.

A Yeare hath in it twelue Moneths of the Sun, thirtene Months of the Moone: Fifty two Weekes, three hundred threescore and five dayes.

It is to be understood when a Yeare hath in it but three hundred threescore and five dayes, it is meant by the common yeare: But the Astronomicall yeares containeth three hundred threescore and five dayes and five hours: and when it is Leap yeare, the yeare is a day longer than the common yeares, which is in February, the common having but xxviii dayes; the Leape xxix.

A Moneth of the Moone is the space and length of time which is between the New Moone and her Wane: And the usuall or common Moneth, is a certaine number of dayes, which are xxviii.

A Week or Sevennight, is the fourth part of a Moneth.

A Day is the seventh part of a Week; and there be two sorts of dayes, the one is a day naturall, the other a day artificiall.

A

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A day naturall, is the space of xxiiij houres,
accounting the night withall.

An artificall day, is that space of time
which is betwene the rising and setting of the
Sun.

An houre is the twenty fourth part of a day
naturall.

And a minute is an houre divided into
threescore parts.

Of the severall Conquests of ENGLAND.

Of Islands *England* was the greatest Ile,
by *Iulius Caesar* first of Romans knowne;
By Frenchmen next it was possess'd a while,
by *Claudius Caesar* they were overthrowne,
To whom, though they allegiance due did yeeld,
yet still their Lawes and Customes they retain'd,
Though they by Strangers then were soild in Field,
to beare a Strangers yoake yet they disdain'd.
Amongst all Islands *England* was the first,
that entertain'd the Gospell of the Lord,
Till *Dioclesian* for blood did thirst,
on all that to this Doctrine did accord.
Thisland by *French-men* and by *Scots* oppress'd,
the *Saxons* ayded it, and it enjoy'd,
Till *Danes* did vanquish them, and it possess'd,
who by the former People were destroy'd:
And ever since, the Noble *Normans* race
five hundred seventy two yeares have remain'd,
No Forreigne powers their Kingdome could deface,
such stout victorious Kings of them have rais'd.
Heavens keepe our royall King, her Majestie,
And ever blesse their Royall Progenie.

The

**The beginning, continuance, and ending
of the Kings reignes since the Conquest, with
the time how long it is since, to this Year 1641.**

*Being fit for Scriveners, and such as are employ-
ed in Law causes.*

The Kings names	Began his reigne:	Reigned years, mon. daies	Since their Reignes began.
Wil. Conq.	1066 Octob. 14	20 11 22	574 Octob. 14
Wil. Rufus	1087 Septem. 9	12 11 19	514 Septem. 9
Henry Stephen	1100 August. 1 1135 Decem. 2	35 4 11 18 11 19	540 August. 1 506 Decemb. 2
Henry Richard	1154 Octo. 25 1189 Iuly 6	34 9 24 9 9 22	487 Octob. 25 451 Iuly 6
John Henry	1199 April. 6 1215 Octob. 19	17 7 0 56 1 0	442 April. 6 425 Octob. 19
Edward Edward	1272 Nouē. 16 1307 Iuly 7	34 8 9 19 7 6	371 Nouem. 16 333 Iuly 7
Edward Richard	1326 Ianua. 25 1377 Iune 21	50 5 7 22 3 16	315 Ianuary 25 264 Iune 21
Henry Henry	1399 Septe. 29 1412 March 20	13 6 5 9 5 24	242 Septem. 29 229 March 20
Henry Edward	1422 August. 31 1460 March 4	38 6 18 12 1 8	219 August. 31 181 March 4
Edward Richard	1483 April. 9 1483 Iune. 22	0 2 18 2 2 5	158 April. 9 158 Iune 22
Henry Henry	1485 August. 22 1509 April. 22	23 8 19 37 10 2	156 August. 22 132 April. 22
Edward Mary	1546 Ianua. 28 1553 Iuly 6	6 5 4 5 4 22	95 Ianuary 28 88 Iuly 6
Elizabeth.	1558 Nouē. 17	44 4 15	83 Nouem. 17
J. James.	1602 March. 24	22 0 3	39 March 24
K. Charles, 1625. Mar. 27. After which, writing 17. yeares.			

A Prognostication.

The explanation of the former Table.

NOte that every King began his raigne, the same time that the next precedent King ended his.

If you desire to know how long it is since the beginning of the raigne of any King, looke how long it is since the ending of the precedent King, and there you shall finde your request.

As for example: If you would know when King Henry the 8 began his raigne, how long he raigned, and also how long it is since his raigne: find first his name amongst the names of the Kings, and searching the rows towards the right hand, you shall find he began his raign in the year 1509 the 22 of April, & under the title of the time that he raigned, is 37 yeares, 10 months, and 2 dayes: And looking forwards in the same rowe, where is 132 yeares April 22 under the title of since his raigne began.

How to iudge what Weather will follow,
by the rising and setting of the Sunne.

The Sunne rising bright and cleare, signifieth a pleasant day:

If he rise fiery red, it promisseth raine: If in his rising hee bee thinly overtast with a cloud, it betokeneth foule weather: If the Sunne sue the clouds before him into the West, it signifieth faire weather: If at his rising there appeare a circle about him, & continueth alday equally, it betokeneth faire weather. Also, if he setteth red, it signifieth faire weather: If at his setting he be of divers colours, or clouds like water, it threatneth raine. If at the rising of the Sun, his beames seeme red, or long, or encompassed with red clouds, it signifieth great windes: If at his setting there appeare a thicke mist, or if it raineth in the evening, it threatneth very foule weather to follow. Also, if the Sunne beames be spotted eyther greene, pale, or blacke, gathered to a cloud, it signifieth raine. The Sun setting cleare without any cloud, signifieth a faire night to ensue. If the circle, or circles about the Sun be cleare, & of no continuance, looke for faire weather: If there be many circles, it signifieth windes: the redder they are, the more vehement winds. If the circles are heere and there broken, and are thicke and blacke, looke for cold wind or snow: Or, if he settle behinde a great black cloud, raine followeth.

How

White. 1641.

How weather is foreknowne by the Moone;

If the Moone in the third day of her change, or three daies before her full, or in the midst of the quarter, be found of pure light, nothing encompassing her, the ends direct up, her promise layre weather: but bent to red coloe, promoketh winds. The Moone pale, or somewhat blacke or thicke, threatneth raine. When the Moone is five dayes olde, marke the tips of her hornes, if they be blunt, it signifyeth raine: if sharpe poynted and picking upwards, gives a winds. If in the fourth day after her change, she have a red cirr about her, it signifyeth winds and raine.

Of the iudgement of the weather by the Stars: 1.

If the Starres appeare of much light, and seeme to be of a brightnesse & blazing then ordinary, it betokeneth great moisture in that part where they seeme to: and in winter, & frosts. When diuine Starres appeare with long fiery tails, threatneth winds, and great drought: the more in number, the more will be the effect. Also, when Starres seeme to shoot or signifyeth great winds in that place: If they seeme to shoot in places, it signifyeth diuers winds: If in all places, winds, th lightning, and most tempestuous weather.

A short Instruction, and very necessarie to I the times and seasons when to Sow, and repla all manner of Seedes for the Garden.

Sow Cabbages in Februarie, March, or Aprill, in the
the Moone: and replant them in the Decrease.
Sow Cabbage-Lettuce in Februarie, March, or In
old of the Moone.
Sow Onions & Leekes, in Februarie or March, at the
the Moone.
Sow Beets in Februarie or March, at a full Moone.

Sow

A Prognostication.

Sow Coleworts white & greene, in the middle of August or September: Plant the young ones in October, and set them againe in November.

Sow Turneps in February, Apill, or June, in a warme day.

Sow Radish in February, Apill, or June, in the increase of the Moone.

Sow Pumpions, Cucumber, Peasens, and Gourdes, in February, March, or June, in a hott and warme day.

Sow Sprinze in February or March, in the old of the Moone.

Sow Parsley, Fenell, and Anise-seeds, in February or March at the full of the Moone.

Sow white Cicoze in February, March, July, or August, in a full Moone.

Sow Cardus-benedictus in February, March, or May, when the Moone is old.

Sow Basil in March, in an old Moone.

Sow Purislawe in February, or March, in the increase of the Moone.

Sow Bargerain, Wolers, Lime, flower-gentle, Rosemary, & Lavender, in February, March, or Apill, at the increase of the Moone.

Sow Garden cresses, and Rocket, in February, at the increase.

Sow Smill in February or March, at a new Moone.

Sow Costmarce, and Borage, in February or March, at the Moones increase.

Sow Pars-horne, and Samphire, in February, March, or Apill, at an old Moone.

Sow Gillsflowers, Beets-eate, and Wall-flowers, in March or Apill, in an old Moone.

Sow Cardus, and Artichokes, in March or Apill, when the Moone is old.

Sow Chick weed, in February or March, at the full of the Moone.

Sow Burnet in February or March, at an old Moone.

Sow Hop and Waterc in March, when the Moone is old.

Sow Double Marigolds in February or March, at the increase of the Moone.

Sow Larkes-foot, Spargel, and Sperage, in February, in an old Moone.

Sow

White. 164 I.

Sow white Poppy, and Palma Christi in February or March,
at the increase of the Moone.

Sow all manner of Coine the Moone increasing, the being in
Cancer, Libra, or Aquarius.

Sow all kind of Seeds the Moone in Aries, Taurus, Can-
cer, Virgo, Libra, Capricorne, Aquarius, or Pisces: but those
Seeds whose Rootes are round, should be sown three or
fower dayes before, or after the full Moone.

Certaine and short Rules, for the comforting of the chiefe officall Members of the Body of Man.

Things which are good to comfort the Head.

Lignum-Aloes, Marjorum, Galingale, Muske, Rosemary,
Roses, Camomill, Rue, Frankincence, Nutmegs, Cloves,
Balme, Hints, Spike, and Gladen.

Things good for the Eyes.

Fennell, Aertur, Cloves, Cold water, Celendine, Eyebright, Ro-
ser, and Agrimony.

Things good for the Stomacke.

Nutmegs, Cloves, Dillanum, Corall, Saffron, Anises,
Mormewood, Oshapum, Agrimony, Fumetory, Mustick,
Lignum-Aloes, Spodum, and Coriander prepared.

Things good for the Heart.

Saffron, Cloves, Sinamon, Mace, Nutmegs, Marjorum, Bay-
rage, Buglosie, Rosemary, Picabalanex, Pearles, Lignum-
Aloes, Corall, Muske, and Setwell.

Things good for the Liver.

Liverwort, great Raysons, Mormewood, Agrimony, Saffron,
Cloves, Endive, Cloiers, Fennell, Plantaine, Dragons, Rose-
water, Lettuce, Cloiers, Sanders.

Things good for the Lungs.

Licorice, Raisons, Almonds, Dates, Lungwort, Maydenhair,
Chicampare, Pissaces, and Penedies.

A Prognostication

Things hurtfull for the Body.

Meates hurtfull to the Teeth.

Nettes, Meates very hot, warme drinke, Sweete meates and drinckes, Radish rootes, Hard meates, Bitter meates, Milke, much Vomiting, Leeches, Fatte of Fish, Coleworts, & Limmons.

Things hurtfull to the Eyes,

Garlick, Onions, Radish, Drunkenesse, Letherie, Sweete and thicke Wines, Salt meates, Coleworts, all Pulle, Dust, Wine, Oyle, Smoke, Fire, and reading presently after supper.

Rules of Mensuration.

A Fingers breadth is foure Barly cornes in thickness; and an Inch three Barly cornes in length: A handes breadth foure fingers: A span is three handes breadth: A foot is foure handes breadth: A Geometricall Pace is five foot: an English Pearch is xvi. foot $\frac{1}{2}$. A Furlong is a hundred & twenty five paces, or six hundred twenty and five foot: An English Furlong is six hundred and threescore foot, or a hundred thirtie two paces: A League is a thousand and five hundred paces: An Italian Mile is a thousand paces, or eight Furlongs: A common German Mile is thirtie two Furlongs. An English Mile is eight Furlongs: An Acre is fortie Pearches in length, and foure in breadth.

A short Instruction for the Table following.

Note that the first Coluimne or Row, containeth the Names & number of Shires, the second of Cities, the third of Bishopricks, the fourth of Castles, &c. Now goe straight in a line, as you shall easily finde the number Alphabetically, aswell for the English as for the Welch shires: As for example, Buckinghamsire hath no Citty, no Bishopricke, 11. Parker Townes, no Castles, 135. Parishes, &c.

A Catalogue of all the Shires, Cities, Bishop-
rickes, Market-Townes, Castles, Parishes,
Riuers, Bridges, Chafes, Forrests, and Parkes,
conteyned in euery particular Shire
in the Kingdome of England.

Shires.	Cities.	Byshop- rickes.	Market- townes.	Castles.	Parish- fines.	Riuers.	Bridges.	Chafes.	Forrests.	Parkes.
Barke shire.	0	0	11	2	140	3	7	0	1	13
Bedford shire.	0	0	10	0	116	1	6	0	0	12
Buckingham shir.	0	0	11	0	185	2	14	0	0	15
Cambridge shire.	0	1	6	0	163	1	7	0	0	5
Cheshire.	1	0	9	3	68	9	19	0	2	18
Cornwall.	1	0	23	6	161	7	31	0	0	9
Cumberland.	0	1	8	15	58	20	33	0	3	84
Darby shire.	0	0	8	4	106	13	21	0	1	33
Deaon shire.	1	1	40	3	394	23	106	0	1	22
Dorset shire.	0	0	18	6	248	4	29	1	2	11
Durham.	0	1	5	4	62	11	20	0	0	26
Essex.	1	0	21	1	415	7	28	0	1	19
Glocester shire.	1	1	20	1	180	12	22	1	2	2
Hamp shire.	1	1	18	5	248	4	31	0	4	23
Hartford shire.	0	0	18	0	120	1	14	0	0	23
Hereford shire.	0	1	8	7	176	13	11	1	2	8
Huntington shir.	0	0	5	1	78	1	5	1	1	73
Kent.	2	2	17	8	398	6	14	0	0	20
Lancashire	1	0	8	6	36	33	24	0	1	33
Lecester shire	1	0	11	2	200	1	10	0	2	13
Lincolne shire	1	1	26	2	630	9	15	0	0	12
Middlesex	2	1	3	0	73	1	3	1	0	4
Northampton shi.	1	1	11	2	326	5	24	0	3	4
Nottingham shi.	1	0	11	0	168	5	17	0	1	8
Northumberland	0	0	11	0	40	23	16	0	1	8
Norfolke	1	1	26	0	660	3	15	0	0	0

A Prognostication:

Sistres.	C.	Bysh.	M. T.	C.	Parri.	R.	Br.	Ch.	For.	Park.
Oxford shire	1	1	10	0	208	3	26	0	4	9
Rutland	0	0	2	0	47	0	1	0	0	4
Shrop shire	1	0	13	13	170	18	13	0	7	17
Somerſet ſhire	3	2	29	1	385	9	45	0	2	18
Stafford ſhire	1	1	12	5	130	13	12	1	1	38
Suffolke	0	0	28	1	464	2	32	0	0	27
Suffex	1	1	18	1	312	2	10	0	4	33
Surrie	0	0	7	0	140	1	7	0	1	17
Warwicke ſhire	1	1	12	1	158	7	21	1	0	16
Westmoreland	1	0	4	6	26	8	15	0	2	19
Wilt ſhire	1	1	21	1	304	5	31	1	9	19
Worceſter ſhire	1	1	7	3	152	5	13	1	2	16
Yorke ſhire	1	1	46	14	563	36	62	4	8	72
Angleſey.	0	0	3	0	83	8	2	0	0	0
Brecknoſhire.	0	0	3	4	70	27	13	0	0	2
Cardigan ſhire.	0	0	4	0	77	26	9	0	1	0
Cartharſhire	0	0	6	4	81	20	16	0	1	2
Camaruan.	0	1	5	3	73	17	6	0	1	0
Denbigh ſhire.	0	0	3	3	53	24	6	0	0	0
Flint ſhire.	0	1	3	4	24	4	2	0	0	2
Glamorgan ſhire	0	1	7	12	151	16	6	0	0	5
Montgomery ſhi	0	0	5	3	42	28	6	0	0	1
Monmouth ſhire	0	0	6	7	142	15	14	1	0	8
Merionidh ſhire	0	0	3	2	34	26	7	0	0	0
Penbroke ſhire	0	1	6	5	142	6	7	0	2	3
Radnor ſhire	0	0	4	5	43	13	5	0	0	0

The Contents, Compas, Length, and Breadth of ENGLAND.

Thus much in Miles whole *England* it containes;—34866
 Thus much in Miles will reach about it round:—1890
 Her length from *Lyzard-point* to *Barwick-ſtraits*—334
 Twixt *Dover*, & *Holy-head* the breadth is found.—250

White. 1641.

A Table to know how many howers and
Minutes the Moone shineth euery Night
in the Yeare.

The age of the Moone encreasing.	The Houres and Mi- nutes that she shineth.		The age of the Moone decreasing.
	Houres.	Minutes.	
1	0	48	29
2	1	36	28
3	2	24	27
4	3	12	26
5	4	0	25
6	4	48	24
7	5	36	23
8	6	24	22
9	7	12	21
10	8	0	20
11	8	48	19
12	9	36	18
13	10	24	17
14	11	12	16
15	12	0	15

The Moones night shining.

The Moones morning shining.

The vse of this Table.

Take the age of the Moone in the Almanack, then looke the
same in this Table, which you shall find either in the increa-
sing or decreasing, and then in the middle Columnne you shall
without further labour find the time of her shining.

As for Example: Upon the 4 day of January, I would know
how many howers & minutes the Moone shineth: I find in the
Almanack it is New Moone the 1 day at 3 in the after noon, then
reckoning from that time to the 4. I finde there is 3 daies old:
Then entering this Table, it sheweth, she shineth 2 houres, and 24
minutes: So doth she likewise when she is 27 daies old, &c.

Times of Mariage prohibited by our
Church, unlesse they have a License.

FROM Advent Sunday (the 29 of November 1640) till 8
dayes after Twelfth day, being the 14 of January.

From after Septuagesima Sunday (being the 21 of Fe-
bruary) till the 2. of May.

From Monday before Ascension day (being the 31. of May)
till Trinitie Sunday, the 20. of June.

The explanation of a new and easie Kalender here
following, for this present Yeare, 1641.

Note that every Moneth conteyneth three rowes of Col-
lumes, (the figures fo: the number of Dayes excepted) the
first Colunne toward the left hand conteineth the Weekes Dales
and Sunday Letter. The second, the Signe wherin the Moone
is every day. And the third, the Changes and Quarters of the
Moone. Note that the being thus O figured doth signifie the
new Moone: and placed this) way is the first Quarter: This
● the Full Moone; And againe this C the last Quarter. Note
also, that the Figures ouer the head of the Moones, doe signifie
the houre of her Changes; and the Letters vnderneath, the time
after noone, or after midnight, N. standing fo: after noone till
Midnight, and M. fo: after Midnight till Noone.

As fo: example, Against the 1. day of January, being Friday,
I do find the Moone in ♊ Capricorn and is thus O charactered,
which is the New Moone at 3 of the clock in the after noone.

Againe, on the 21. of February being Saturday, I doe finde
the Moone in ♒ Sag tary, and is thus) charactered, which is the
Last Quarter at 6 of the clocke in the morning.

Note also, that at the head of every Moneth is placed the ri-
sing and setting of the Sunne fo: the middle of every Moneth.
As fo: example, fo: the midst of January the ☉. Sunne riseth
at 7 of the clock and 43 minutes; and setteth at 4 of the clock
and 17 minutes, &c.

It also conteyneth (on the backe side of the leafe) fo: every Mo-
neth, the Holy dayes, and Feasts, both Movable and Im-
movable; with the beginning and ending of every Terme: As,
Twelfthday is on the 6 of January, Easter day on the 25. of
April: Whitsunday is on the 13 of June; Terme begins on the
23 of January, and endeth the 12 of February, &c.

A briete and easie Kalender for this Yeere
 1641. which being cut out, is fit to be placed
 into any Booke of Accompts, Table-booke, or
 other, conteyning the whole Almanacke, in
 a short method; By John White.

January.	Februa.	March.	April.	May.	June.	July.	August.
○ 7. 43 4. 17.	○ 6. 46 5. 14.	○ 5. 50 6. 10.	○ 4. 51 7. 9.	○ 4. 4. 8. 56.	○ 3. 47 8. 13.	○ 4. 12 7. 48.	○ 5. 4. 6. 56.
a v p ○ d x	d x	d x	g v	b d	e d	g d	e d at
b x at e x	e x at a d	e x at a d	e x at a d	e x at a d	e x at a d	e x at a d	e x at a d
c x 3 f x	f x	f x	b d	b d	g d	b x at e m	b x at e m
d x n g v	g v	g v	e x	e x	a d at	e x at a d	e x at a d
e x a v	a v	a v	d x at	f d at	b x 9	d x	d x
f x b d	b d	b d	e x 5	g d 3	e x	e x n	a d
g v at e d	e d 12	e d at	f d	a d	d x m	f m	b x at
h v 4 d	d x	d x 3	g d n	b x m	e x	g d	e x 12
i d n f	f x	f x m	b d	d x	g m at	b x at	e x
j d	g d	g d	e x	f d	a d 2	e x 12	f x at
k x	a d	a d	d x at	f d at	b d	d x	g x m
l x	b d at	b d	e x 9	g m 5	e x m	e x at	a x
m x at	e d 3	e d at	f d	a m	d x	f x n	b v
n x 4 d	d x	d x 12	g m m	b d	e x	g x	e v
o x	e x	e x	a m	e d	f x	a x	d d at
p x	f x	f x at	b d	d x	g x	b v	e d
q x	g x	g x n	e d	e v	a x at	e v at	f d
r x	a m at	a m	d x at	f x at	b d 4	d v 9	g x m
s x	b m	b m	e v 7	g x 11	e v	e d	a x
t x at	e d	e d at	f v	a x	d v n	f d m	b d
u x 4 d	d x	d x 6	g x m	b d	e v	g x	e d
v x	e d	e d	a x	e x	f d	a x	d d
w x	f v	f v n	b x	d v	g d	b x	e d at
x x	g x	g x	e x	d v	a x	e d at	f d
y x	a x	a x	d v	f d	b x at	d d 12	g x
z x at	e x	e x	f v at	g d at	e d 2	f d	a x m
a x 8	b x	b x 7	g d 11	b x	e d	e d at	b d
b x	e v	e v n	a d	e x m	a x	e d	e m
c x	f v	f v	e d	e x	b d	e m	e m

♈. Aries, ♉. Taurus, ♊. Gemini, ♋. Cancer, ♌. Leo, ♍. Virgo,
 ♎. Libra, ♏. Scorpio, ♐. Sagittarii, ♑. Capricorne, ♒. Aquarius,
 ♓. Pisces. The ☉ New Moone. The ☾ first Quarter.
 The ☾ Full Moone. The ☾ last Quarter.
 And ☾ the Sunday Letter.

	Septem.	Octob.	Novem.	Decem.	The Feasts Mooveable and Immooveable: With the Termes, &c.
Mo.	6. 4	7. 3	7. 55	8. 13	
1	f ♀	a ♀	d ♂	f ♀	January.
2	g ♀	b ♂	e ♂	g ♀	New years day 1.
3	a ♀	c ♂	f ♂	a ♂	Twelfth day 6.
4	b ♀	d ♂	g ♀	b ♂	Terme begin. 23.
5	c ♂	e ♀	a ♀	c ♂	February.
6	d ♂	f ♂	b ♂	d ♂	Purif. of Mary, 2.
7	e ♀	g ♀	c ♂	e ♀	Terme ends, 12.
8	f ♂	a ♀	d ♂	f ♂	S. Mathias, 24.
9	g ♀	b ♂	e ♀	g ♀	March.
10	a ♀	c ♂	f ♂	a ♂	Shrove sund. 7.
11	b ♀	d ♂	g ♀	b ♂	Annt. of Mary, 25.
12	c ♂	e ♀	a ♀	c ♂	Init. Reg. Car. 27.
13	d ♂	f ♂	b ♂	d ♂	Aprill.
14	e ♀	g ♀	c ♂	e ♀	Easter day, 25.
15	f ♂	a ♀	d ♂	f ♂	Mark Evan. 25.
16	g ♀	b ♂	e ♀	g ♀	May.
17	a ♀	c ♂	f ♂	a ♂	Phil. & Jacob, 1.
18	b ♀	d ♂	g ♀	b ♂	Terme begin. 12.
19	c ♂	e ♀	a ♀	c ♂	Rogation sun. 30.
20	d ♂	f ♂	b ♂	d ♂	June.
21	e ♀	g ♀	c ♂	e ♀	Ascension day, 3.
22	f ♂	a ♀	d ♂	f ♂	Terme ends, 7.
23	g ♀	b ♂	e ♀	g ♀	Whitunday, 13.
24	a ♀	c ♂	f ♂	a ♂	S. Iohn Bap. 24.
25	b ♀	d ♂	g ♀	b ♂	Term begins, 25.
26	c ♂	e ♀	a ♀	c ♂	Peter Apost. 29.
27	d ♂	f ♂	b ♂	d ♂	
28	e ♀	g ♀	c ♂	e ♀	
29	f ♂	a ♀	d ♂	f ♂	
30	g ♀	b ♂	e ♀	g ♀	
31	a ♀	c ♂	f ♂	a ♂	
					July.
					Terme ends, 14.
					Dog da. beg. 19.
					S. James Apost. 25.
					August.
					Barthol. Ap. 24.
					Dog da. end, 29.
					September.
					Mathew Apo. 21.
					Michael Arch. 29.
					October.
					Terme begin, 9.
					Luke Evang. 18.
					Simon & Iude, 28.
					November.
					All Saints, 1.
					Polw. e. treat. 5.
					Nat. of K. Cha. 19.
					Advent Sun. 28.
					Terme ends, 29.
					S. Andrew Ap. 30.
					December.
					S. Tho. Ap. 21.
					Christmas da. 25.
					S. Stephen, 26.
					S. Iohn, 27.
					Innocents da. 28.

FINIS.

white. 1641.

6.

A New Almanacke and
Prognostication, for the
yeere of our Lord God,

1641.

Being the first after the *Bissextile*
or Leape-yeare.

Calculated for the Meridian of
the most Honourable Citie of
LONDON, and will serve ge-
nerally for the Monarchy of
Great BRITAIN.

By JOHN WHITE, Wel-
willer to the Mathemat.

LONDON,
Imprinted by F.K. for the Com-
pany of STATIONERS.

For the next.

1642

In the heat of Summer, or cold of Winter, or when the Moon is in the Signe which governeth that part of the body you would let blood; Also within two dayes of the change, or full of the Moon.

beginning and endine of the Termes, with their
 Returnes and Effoyne dayes, dayes of Exception,
 Returna Brevium, and dayes of Appearance,
 for this yeece, 1641.

Returne dayes, or dayes of Effoyne.	Dayes of Exception.	Returna Brevium.	Dayes of Appearance.
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May Terme beginneth the 23. of January, and endeth
 the 12. of February, and hath foure Returnes.

St. Hillar.	Janu. 23	Janua. 21	Janua. 23	Janua. 23
St. Hillar.	Janu. 27	Janua. 28	Janua. 29	Janua. 30
St. Purif.	Feb. 3	Feb. 4	Feb. 5	Feb. 6
St. Purif.	Feb. 10	Feb. 11	Feb. 12	Feb. 12

Ester Terme beginneth the 12. of May, and endeth
 the 7. of June, and hath five Returnes.

St. Pasch.	May 10	May 11	May 12	May 13
St. Pasch.	May 17	May 17	May 18	May 19
St. Pasch.	May 24	May 24	May 25	May 26
St. Pasch.	May 3	June 1	June 2	June 2
St. Ascen.	June 4	June 5	June 7	June 7

Trinitie Terme beginneth the 25. of June, and endeth
 the 14. of July, and hath foure Returnes.

St. Trin.	June 21	June 22	June 23	June 25
St. Trin.	June 28	June 29	June 30	July 1
St. Trin.	July 5	July 6	July 7	July 8
St. Trin.	July 12	July 12	July 13	July 14

Michaelmas Terme beginneth the 9. of October, and
 endeth the 29. of November, and hath 8. Returnes.

St. Mich.	Octob. 6	Octob. 7	Octob. 8	Octob. 9
St. Mich.	Octo. 13	Octob. 14	Octob. 15	Octob. 16
St. Mich.	Octo. 20	Octob. 21	Octob. 22	Octob. 23
St. Mich.	Octo. 27	Octob. 28	Octob. 29	Octob. 30
St. Anima.	Novē. 2	Novem. 3	Novem. 4	Novem. 5
St. Mart.	Novē. 11	Novem. 13	Novem. 15	Novem. 15
St. Mart.	Novē. 18	Novem. 19	Novem. 20	Novem. 21
St. Mart.	Novē. 26	Novem. 27	Novem. 29	Novem. 29

The Anatomy of Mans Body, as the parts thereof
are governed by the 12. Celestiall Signes.

Aries, Head and Face.

Taurus,
Necke and
throate.
Cancer,
Breast,
Stomack,
and ribs.
Virgo,
Bowels,
and belly
Scorpio
Secret
members
Capricorn
Knees.



Gemini
Armes
Shoulders
Leo,
Heart &
back.

Libra,
Reines &
loynes.
Sagittari,
Thighes

Aquarius,
Legs.

Pisces, the Feet.

Bold fierce Aries ruleth Head and face,
In Necke and Throate doth Taurus challenge place:
The twining Gemini's, governe Armes and Hands,
The Breast and Stomacke Cancer she commands,
Then lusty Leo hath the Backe and Heart,
Bowels and Belly they are Virgo's part:
In Loynes and Reynes is Libra's libertie,
And Scorpio rules the Stanes and Prickeries.
The Thighes and Hanch is Sagittarius song,
And both the Knees to Capricorne belong:
Aquarius makes the Legges much aches feele,
And Pisces rules the Feet from Toe to Heele.


January hath xxxi. daies.


Warne meates and clothes this month are good,
Take heed of Bathes and letting blood.


Day Sun riseth at 8. and 1. min. sets at 3. and 53. min.


Day Sun riseth at 7. and 43. min. sets at 4. and 17. min.


New years da.	Knees.	11	D
St. Steph.	Legges.	12	C
St. John	Legges.	13	A
St. Innoc.	Legges.	14	G
Edward dep.	feete.	15	A
Twelve day.	feete.	16	D
Felix & Jan.	Head and	17	C
Lucian	face.	18	D
Joyce bvirg.	Becke	19	E
Paul 1. her.	and	20	A
Solin Aquar.	throate.	21	G
Archadius	Armes	22	A
Hilary bish.	and	23	D
Med com. in.	hands.	24	C
Maurice Abb	Breast and	25	D
Marcel. bish	Stomache.	26	C
Anthony dep.	Heart and	27	A
Pulca bvirg.	backe.	28	G
Mollan bish.	Belly and	29	A
fab & Seb.	bowels.	30	D
Agnes bvirg.	Loines and	31	C
Vincent mar.	reines.	1	D
Terme begins	Secrets &	2	E
Timothy bish.	bladder.	3	A
Conb. of Paul	Thighes &	4	G
Policarp. bish.	hanches.	5	A
Agnes the 2.	knees.	6	C
Valerius bish	knees.	7	E
Chesbo. pz.	knees.	8	D
Saturn. Qu.	Legges.	9	E
Saturnine	Legges.	10	A

 New Moone
the 1. day, a
quarter past
3 afternoone.

 First quarter
the 9. day, a
quarter past
4. in the eve=
ning.

 Full Moone
the 16. day, a
quarter past
4. in the moz=
ning.




 Last quarter
the 23. day, a
quarter past
4. in the moz=
ning.

 New Moone
the 30. day, at
8 in the moz=
ning.

February hath xxviii. dayes.

Milke, Herbes and Fennish fowle deny;
Purge not, nor use Phlebotomie.

1. Day Sun riseth at 7. and 13. min. sets at 4. and 47. min.
17. Day Sun riseth at 6. and 16. min. sets at 5. and 14. min.

1	d	Grigget tall	feete.		
2	e	Blaise bish.	feete.		
3	f	Gilbert bish.	feete.		
4	g	Agathe vir.	Head & face.		
5	a	Dorothe vir.	Necke and thoroate.		First quarter
6	b	Ingule bl.	Armes and hands.		the 8. day, at
7	c	Paul bish.	Breast and		12. at noone.
8	d	Apollina vir.	and		
9	e	Sotheris bl.	Stomache.		
10	f	Mollian bl.	Heart and backe,		Full Moone
11	g	Valentine	Belly and bowels.		the 15. day, at
12	a	Faustina Jo.	Loines and		3. in the after-
13	b	Julian vir.	reines.		noone.
14	c	Sermoni	Secrets &		
15	d	Hugh bish.	bladder.		
16	e	Simoon	Thighes		Last quarter
17	f	Widred vir.	and		the 21. day, at
18	g	Leptin. bish.	hanches.		6. in the mor-
19	a	Holtcarp bish.	knees.		ning.
20	b	Mathias	knees.		
21	c	Victorine	Legges.		
22	d	Inuent. Paul	Legges.		
23	e	Nessor mart.	feete.		
24	f	Dugustine bl.			

S. Mathias falleth on the 25. day of this moneth
it is Leape=peere. the other 3. peeres on the 24. day

March hath xxxj. dayes.

Grosse meates doe hurt, use foode that's fine.
Let blood, and take some medecine.

1. Day Sun riseth at 6. and 18. min. sets at 5. and 42. min.
15. Day Sun riseth at 5. and 50. min. sets at 6. and 10. min


d	David bishop	feete.	●	New Moone	11	2
e	Chad bishop	feete.			12	a
f	Maurice	head		the 1. day, 3	13	b
g	Adrian	and		quarters past	14	c
a	Jocaz & Cu	face.		1. in the mo=	15	d
b	Wido: & Nic	Necke and		ning.	16	e
c	Shrobe lund	throate.			17	f
d	felix Mart.	Armes &		First quarter	18	g
e	40. Martyrs	hands.		the 9. day, 3	19	a
f	Ashwednesday	Breast		quarters past	20	b
g	Sol in Aries	and		4. in the	21	c
a	Gregory	stomacke.		morning.	22	d
b	Theodoze	heart and			23	e
c	Quadragesim:	backe.			24	f
d	Longine	Belly and		Full Moone	25	g
e	Boniface bt.	bowels.		the 16 day,	26	a
f	Patricke	Loines and		halfe an houre	27	b
g	St. Edward	reines.		past 12. at	28	c
a	Ember week	Secrets &		noone.	29	d
b	Cutbert	bladder.			30	e
c	Benedict	Thighes &		Last quarter	31	f
d	Afradole	hanches.		the 23. day, at	1	a
e	Theodoze	knees.		6. at night.	3	b
f	Agapite last	knees.			4	c
g	Annunc. Mary	Legges.			5	d
a	Cassoz mart.	Legges.		New Moone	6	e
b	Int. Rec. Care	Legges.		the 31. day, a	7	f
c	Dozothie	feete.		quarter of an	8	a
d	Quintine	feete.		houre past 7.	9	b
e	Quirine	head and		at night	10	c
f	Adelme bish.	face.				


April hath xxx. daies.


The blood being hot, coole hearbes now use,
And March his precepts not refuse.


1. Day Sun riseth at 5. and 16. min. sets at 6. and 44. min.
15. Day Sun riseth at 4. and 51. min. sets at 7. and 9. min.

1	g	Edward	face.
2	a	Mary Egypt	Necke &
3	b	Richard bish.	throate.
4	c	Ambrose bish.	Armes
5	d	Vincent con.	and
6	e	Sextus bish.	hands.
7	f	Euphemie	Breast &
8	g	Egeſippus	Stomache.
9	a	Perperuus	Heart and
10	b	Sorin Taurus	backe.
11	c	Guthlarc	Belly and
12	d	Julius bish.	bowels.
13	e	Zenon bish.	Loynes and
14	f	Olyffe	reines.
15	g	Olwald arch	Secrets &
16	a	Isidore bish.	bladder.
17	b	Enicete	Thighes &
18	c	Elutbert bish.	hanches.
19	d	Alphege	Knees.
20	e	Victor bish.	Knees.
21	f	Simoon	Knees.
22	g	Sorher bit.	Legges.
23	a	S. George	Legges.
24	b	Wilfride bish.	feete.
25	c	Easter day	S. Marke bish.
26	d	Clete	Head
27	e	Anastassius	and
28	f	Alcitalis	face
29	g	Peter mil.	Necke and
30	a	Erkenwald.	throate


First quarter
the 7. day,
halfe an houre
past 5. in the
afternoone.


Full Moone
the 14. day,
at 3. in the
morning.


Last quarter
the 21. day,
halfe an houre
past 7. in the
morning.


New Moone
the 30. day
halfe an houre
past 11. at
moone.


May hath xxxi. daies.


Put Sage in drinke, drinke Worme-wood-wine,
Use Physickes helpe, walke mornings fine.


1. Day Sun riseth at 4. and 23. min. sets at 7. and 37. min.


15. Day Sun riseth at 4. and 4. min. sets at 7. and 56. min

b	Phil. & Jacob	throate.
c	Low Sunday	Armes and
d	Mich. comes in	hands.
e	Christopher	Breast &
f	Goddard	Stomacke.
g	John port. lat	Heart and
a	John Weberl	backe.
b	Appa. Mich.	belly
c	Tranf. Mich.	and
d	Godian	Bowels
e	Sol in Gem.	Loines and
f	Terme begin.	reines.
g	Herbat.	Secrets &
a	Boottace	bladder.
b	Illioze	Thighes &
c	Brandon bish	hanches.
d	Bernard tran	knees.
e	Dilcor. mar.	knees.
f	Dunstan con.	Legges.
g	Bernardine	Legges.
a	Euen Queen.	feete.
b	Julian bish.	feete.
c	Desiderii	feete.
d	fran. tran	Head and
e	Adelme bish.	face.
f	Hede pr.	Hecke
g	Germane	and
a	Corone bish.	throate
b	Nichomete	Armes and
c	Rogation sun	hands.
d	Asc. asc. sun	Breast

 **First quarter**
the 7. day, 3.
quarters past
2. in the mor=

 **Full Moone**
the 14. day,
at 5. in the
evening.

 **Last quarter**
the 21. day, a
quarter past
11. at night.

 **New Moone**
the 29. day,
halfe an houre
past 1. in the
morning.

11	e
12	f
13	g
14	a
15	b
16	c
17	d
18	e
19	f
20	g
21	a
22	b
23	c
24	d
25	e
26	f
27	g
28	a
29	b
30	c
31	d
1	e
2	f
3	g
4	a
5	b
6	c
7	d
8	e
9	f
10	g

June hath xxx. Dayes.

Let Physicke goe, coole hearbes now take,
Sweete drinckes and Venus now forsake.

1. Day Sun riseth at 3. and 50. min. sets at 8. and 10. min.
15. Day Sun riseth at 3. and 47. min. sets at 8. and 13. min.

1	e	Nichomede	Breast and	11
2	f	Marcellus in	Stomacke.	12
3	g	Michael ion Day	Heart and	13
4	a	Petrosus	backe.	14
5	b	Bonifactus	Belly and	15
6	c	Meloni	bowels.	16
7	d	Terme ends	Loines &	17
8	e	Edmund tra.	reines.	18
9	f	Medard	Secrets &	19
10	g	Juan confel.	bladder.	20
11	a	Barnabe ab.	Thighes &	21
12	b	Sol in Cancer	hanches.	22
13	c	Trinitie Sunday	knees.	23
14	d	Basil bishop	Legges.	24
15	e	Modellus	Legges.	25
16	f	Trinitie Week	Legges.	26
17	g	Gotulph	feete.	27
18	a	Creupertus	feete.	28
19	b	Trinitie Sun.	Head	29
20	c	Walburge	and	30
21	d	Alban Mar.	face.	1
22	e	Etheld.	Necke &	2
23	f	S. John Bap.	thoate.	3
24	g	Terme begins	Armes and	4
25	a	John & Paul	hands.	5
26	b	Crescence	Breast	6
27	c	Leonis last	and	7
28	d	S. Peter	Stomacke.	8
29	e	Con. of Paul	Heart	9
30	f			10

First quarter
the 6. day, a
quarter past
9. in the morn-
ing.

Full Moone
the 12. day, at
2. in the morn-
ing.

Last quarter
the 20. day,
at 4. in the
afternoone.


Peto Moone
the 28. day,
at 2. after-
noone.


July hath xxxj. dayes.


Use Sallets fresh to coole the heate,
And bath in Springs to cleanse the sweate.


1. Day Sun riseth at 3. and 56. min. sets at 8. and 4. min.
15. Day Sun riseth at 4. and 12. min. sets at 7. and 48. min.

g	Oct. Joh. Ba.	backe.	11	c
a	Wilt. of Ma.	Belly and	12	d
b	Tran. Tho.	bowels.	13	e
d	Martin tran.	Loines and	14	f
e	Joe Wrg.	reines.	15	g
f	Octa. of Oct.	Secrets &	16	a
g	Thomas tra.	bladder.	17	b
a	Gimbaldo	Thighes &	18	c
b	Ciril bish.	hanches.	19	d
d	7. Brethren	knees.	20	e
e	Benedict	knees.	21	f
f	Abaz & Fe.	knees.	22	g
g	Sol in Leo	Legges.	23	a
a	Terine ends	Legges.	24	b
b	Swithin.	feete.	25	c
d	Olmond	feete.	26	d
e	Kenehne	Head	27	e
f	Arnulph	and	28	f
g	Dog. dat. beg.	face.	29	g
a	Margaret	Necke &	30	a
b	Praxed	throate	31	b
d	Mary Mag.	Armes	1	c
e	Apoline	and	2	d
f	Christin	hands.	3	e
g	S. James Ap.	Breast and	4	f
a	An. Ma. mo.	Stomacke.	5	g
b	7. Sleepers	Heart &	6	a
d	Dampson bi.	backe.	7	b
e	Felix & fel.	Belly and	8	c
f	Abdon	bowels.	9	d
g	Germane	Loines	10	e


First quarter
the 5. day,
halfe an houre
past 1. in the
afternoone.


Full Moone
the 12. day,
at 12. at
noone.


Last quarter
the 20. day,
at 9. in the
morning.







New Moone
the 27. day,
halfe an houre
past 12 at
midnight.

August hath xxxi. daies.

Fly Physicke and Phlebotomie,
Esc Chew cold Bathes and Venerie.

1. Day Sun riseth at 4. and 38. min. sets at 7. and 22. min.

15. Day Sun riseth at 5. and 4. min. sets at 6. and 56. min.


1		Lammas day	Reines.		11
2	d	Steph. mar.	Secrets		12
3	e	Inb. Steph.	and		13
4	f	Justin. ppi.	bladder.		14
5	g	Alwalo	Thighes &		15
6	a	Transf. Dom	hanches.		16
7	b	Feast of Iesu	Knecs.		17
8	c	Stracke	Knecs.	First quarter	18
9	d	Roman mart.	Legges.	the 3. day, at	19
10	e	Lawrence m.	Legges.	6. at night.	20
11	f	Tiburt mar.	feete.		21
12	g	Clare Virg.	feete.		22
13	a	Sol in virgo	feete.		23
14	b	Eusebius	Head &		24
15	c	Alum. Mar.	face.	Full Moone	25
16	d	Bochus mar.	Necke	the 10. day,	26
17	e	Oct. Labo	and	a quarter past	27
18	f	Agapite	throate.	mid=night.	28
19	g	Magnus	Armes and		29
20	a	Leides	hands.	Last quarter	30
21	b	Bernard	Bread &	the 18. day, a	31
22	c	Prisbatus	Stomacke.	quarter past	
23	d	Timoth 1st.	Heart	2. in the mor=	
24	e	Bartholom. A.	and	ning.	
25	f	Leobicens	backe.		
26	g	Sebertine	Belly and		
27	a	Rusticus	botwels.	New Moone	
28	b	Augustine bl.	Loines and	the 26. day at	
29	c	Dog daies end	reines	10. before	
30	d	Felix & Andz.	Secrets &	noone.	
31	e	Severinus	bladder.		


September hath xxx. daies.


Now drinke Goates milke, on ripe fruits feede;
(If neede require) Purge, Bath and Bleed.


Day Sun riseth at 5. and 37. min. sets at 6. and 23. min.
Da. Sun riseth at 6. and 4. min. sets at 5. and 56. min.

i	Boat	Thighes &	11	b
g	Anthony	hanches.	12	c
a	Gregory	knees.	13	d
b	Eutbert	knees.	14	e
c	Bertine	Legges.	15	f
d	Eugenius	Legges.	16	g
e	Emmericus	Legges.	17	a
f	Pat. of Mary	feete.	18	b
g	Gorgonius	feete.	19	c
a	Ilidius	head	20	d
b	Prothius	and	21	e
c	Martian	face.	22	f
d	Sol in Libra	Necke	23	g
e	Holy Crosse	and	24	a
f	Ember weeke	throate.	25	b
g	Edith virg.	Armes and	26	c
a	Hugh	hands.	27	d
b	Victor & Cor.	Wreil and	28	e
c	January ma.	Stomacke.	29	f
d	Eustace fac.	Heart and	30	g
e	S. Mathew Ev.	backe.	1	a
f	Mauricius	Belly and	2	b
g	Tecla vir.	bowels.	3	c
a	Andoche	Loines and	4	d
b	Firmin	reines.	5	e
c	Cyprian	Secrets &	6	f
d	Colm. & Da.	bladder.	7	g
e	Exeup.	Thighes &	8	a
f	Michael Arch	hanches.	9	b
g	Hierome pz.	knees.	10	c


First quarter
the 1. day, a
quarterpast 12
at mid=night.


Full Moone
the 9. day, at
3. afternoone.


Last quarter
the 17. day, at
7. at night.


New Moone
the 24. day, at
at. 7. at night.

October hath xxxj. Dayes.

Strong Wine, hot Bathes, and spice that's good,
Preserves our health; purge, and let blood.

1. Day Sun riseth at 6. and 36. min. sets at 5. and 24. min.

15. Day Sun riseth at 7. and 2. min. sets at 4. and 57. min.

1	a	Remigius	Knees.		11
2	b	Leodegarius	Legges.		12
3	c	Candide	Legges.	First quarter	13
4	d	Francis	Legges.	the 1. day, 3.	14
5	e	Spoknary	feete.	quarters past	15
6	f	Naith birg.	feete.	9. in the moz-	16
7	g	Marc. & Mar.	Head	ning,	17
8	a	Belagius	and		18
9	b	Terence beg in	face.		19
10	c	Cereon & Al.	Necke and	Full Moone	20
11	d	Picassus	thoate.	the 8. day, 3	21
12	e	Wilfride	Armes	quarters past	22
13	f	Sol in Scorp	and	7. in the moz-	23
14	g	Calixtus	hands.	ning,	24
15	a	Wolfran	Breast and		25
16	b	Michaelmon.	Stomacke		26
17	c	Chelbred	Heart and	Last quarter	27
18	d	S. Luke Evang	backe.	the 17. day, at	28
19	e	Fridericorde	Belly	10 in the	29
20	f	Alrebert	and	morning.	30
21	g	IIODD. Virg.	bowels.		31
22	a	Mary Sol.	Loines and	New Moone	1
23	b	Romanus	reines.	the 23. day,	2
24	c	Maglorie	Secrets &	at 4. in the	3
25	d	Cril. & Crisp.	bladder.	morning.	4
26	e	Ursula	Thighes &		5
27	f	Florence	hanches.	First quarter	6
28	g	Simon & Jude	Knees.	the 3. day,	7
29	a	Marcellus	Knees.	a quarter past	8
30	b	Germane	Legges.	11. at night.	9
31	c	Quintin. fast.	Legges.		10

November bath xxx. Dayes.

From cold preserve thy head and feet,
Abstaine from wine that's new and sweete.

Day Sun riseth at 7. and 34. min. sets at 4. and 26. min.

Day Sun riseth at 7. and 55. min. sets at 4. and 5. min.

All Saints

All Soules

Albinfride

Anantius

Powder 1 re.

Leonard

Willbrode

4. Crotoned

Theodoze

Martine

Martine bish.

Sun. 21. day.

Brice

Erken transf.

Macute

Edmund

S. Hugh.

St. Martine

Sat. 22. day.

Edmund

Biel. of Ma.

Cicell Virg.

Clement

Grylogon

Katherine

Linus bish.

Agrocla

Sat. 23. day.

Terence

S. Andrew. Ap.

feete.

feete.

feete.

Head &

face.

Necke

and

thioate.

Armes

and

hands.

Breast and

Stomacke.

Heart and

backe.

Belly &

bowels.

Loines and

reines.

Secrets &

bladder.

Thighes &

hanches.

knees.

knees.

Legges.

Legges.

feete.

Woe. go out

feete.

Full Moone
the 7. day,
at 2. in the
morning.

Last quarter
the 15. day, at
11. at night.

New Moone
the 22. day, at
2. afternoone.

First quarter
the 29. day, a
quarter past
4. in the eve-
ning.

11	g
12	a
13	b
14	c
15	d
16	e
17	
18	g
19	a
20	b
21	c
22	d
23	e
24	
25	g
26	a
27	b
28	c
29	d
30	e
1	
2	g
3	a
4	b
5	c
6	d
7	e
8	
9	g
10	a

December hath xxxi. daies.

Use meates that's warme, hot spice and wine,
Invite the Poore to sup and dine.

1. Day Sun riseth at 8. and 10. min. sets at 3. and 50.
15. Day Sun riseth at 8. and 13. min. sets at 3. and 47.

1	f	Eusebi. bisho	Head		
2	g	Libanus ma.	and		
3	a	Depo. of Ol.	face.		
4	b	Barbara	Necke and		
5	c	Sabbe bish.	throate.		
6	d	Nicholas	Armes		
7	e	Ambrose	and		
8	f	Conc. of Ma.	hands.		
9	g	Cyprian	Brest and		
10	a	Eulalie	Stomacke.		
11	b	Damase bish.	Heart		
12	c	Sol in Capri.	and		
13	d	Lucie	backe.		
14	e	Otholte	Belly and		
15	f	Ember weeke	bowels.		
16	g	Sapientia	Loines and		
17	a	Lazarus	reines.		
18	b	Gratian bish.	Secrets &		
19	c	Genesia virg.	Bladder.		
20	d	Iulian	Thighes &		
21	e	Thomas Apo.	hanches.		
22	f	20. Martyrs	knees.		
23	g	Victor virg.	knees.		
24	a	Candide	knees.		
25	b	Christmas d.	Legges.		
26	c	S. Stephen.	Legges.		
27	d	S. John Evan.	Feete.		
28	e	Innocents	Feete.		
29	f	Thom. Beck.	Head &		
30	g	James tranl.	face		
31	a	Elvisier	Necke		

Full Moone
the 7 day
haife an houre
past 8 at
night.

Last quarter
the 15. day, at
quarter past
9. in the morn-
ning.

New Moone
the 21. day, at
1. in the morn-
ning.

First quarter
the 29. day, at
12. at noone

WHITE. 1641.

A Prognostication for
this yeare of our Lord
God. 1641.

Being the first after *Bissextile*,
or Leape-yeare.

Wherein is conteyned the state
of the whole Yeare; the disposition of
each Quarter; and the Inclination
of the Weather for every Quarter
of the Moone throughout the whole Yeare.

With certain brife notes concerning the
yeer and the parts thereof, with other generall
Rules.

*With other things fit to be known, both
pleasant and profitable.*

And at the end of the Booke, is the whole
Almanacke, conteyned in one Lease, for this
Yeare 1641. which being cut out, is fit to be
placed into a Table-Booke, Booke
of Accompt, or other.

By John White, Well-willer to the *Mathematicks*.

LONDON,
Printed by J. R. for the Company
of Stationers. 1641.

A Chronologie or Computation of yeeres
to this present yeere. 1641.

Since the Creation of the World to this yeere
 Since the Flood
 Since London was built
 Since Yorke was built
 Since Rome was built
 Since the destruction of Ierusalem
 Since England first received the Christian Faith
 Since the Conquest of England by Duke William
 Since S. Pauls Church in London was built
 Since London-bridge was built with stone
 Since the first Lord Mayor of London
 Since the Order of the Knights of the Garter
 Since the Invention of Gunnes
 Since the Art of Printing was invented
 Since King Henry the 8. conquered Bulloigne
 Since the first use of Coaches in England
 Since the burning of Pauls steeple
 Since the Royall Exchange was built
 Since the Earles rebellion in the North
 Since the blasing Starre, and sharpe Winter
 Since the Massacre in France
 Since the whole Heavens seemed to burne with Fire
 Since the former deepe Snow
 Since the generall Earthquake
 Since Tobacco was first used in England
 Since the Campe at Tilbury in Essex
 Since the greate Plague in London
 Since the Gunpowder Treason
 Since the former great Frost
 Since the death of Prince Henrie
 Since the former deepe Snow
 Since his last Blasing-Starre
 Since the Maestries returne from Spaine
 Since the fall at Blackstrypers
 Since his Majesties proclaiming
 Since Prince Charles was borne.

558
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*A briefe Declaration of the
Disposition of the foure Quar-
ters of this Yeare.*

And first of Winter.

*The Winter Quarter best doth prophenate
To all Degrees, and Sexes, their estate.*

Sol in Capricorne, Aquarius, Pisces.

The Winter Quarter (as saith the ancient Astro-
nomers) began the last yeare 1640. vpon
Saturday bring the 12. of December; vpon
which day the Sun made his first entrance
into the first degree of the Hyemal Signe of
Capricorne, which Quarter doth end this
yeare 1641. vpon the 11. day of March, being Thursday;
in which space of time the Sun maketh his passage through
these three Winterly Signes, Capricorne, Aquarius, and Pisces.
The naturall quality of this Quarter is to be cold and moist,
(of contrary quality to the Summer) and is of the Phlegmaticke
Complexion, which humour doth most predominat in our bodies
from three of the Clocke in the afternoone, till ix. of the clocke
at night. Now doe the sea-tost Mariners endure many a storme
on the raging Ocean; the Windes are strong and high, making
the billowes of the Sea to some and swell: The Floods
are at highest, the Ayre coldest, the Dayes shortest, and Nights
longest, and the strength and vigour of euery Creature decayeth.
The pores of the Earth are now enclosed and shut vp by the
extreme coldnesse of the Ayre: Fowles get them to the war-
mer Regions, Beasts seeke for a helter, Serpents betake
them to their denues, and the Fishes get into the deepest of the
waters for their warmth and comfort: And whatsoeuer the
cheerefull Spring and comfortable Summer did produce and
nourish, this Quarter doth destroy and vauish. The colder
and drier the Winter is, it is the more wholesome for Man

A Prognostication.

and Beast: yet too much cold killeth Plants & Trees in a cold Climate: A moyst and warme Winter is an enemy to Nature, but a friend to Husbandry; and indifferent store of Snow doth ranken the Earth, and preserue Corn. Now for the preservation of our healths, it is fit that we should vse such meats whose operation are of a hot and drie qualitie, expelling the cold & vniwholsome ayre with good fires, warme Broathes, comfortable Drinks, and strong Wines: Being carefull to keep thy Head & Feet from cold & wet: But yet can the body digest more grosse and strong Meats then in Summer, by reason that the naturall heat is driven (by the coldnes of the ayre) into the inward parts of the body, to comfort the vitall Spirits, & to helpe digestion.

The usuall Diseases of this Quarter, are these (as the likes) as Rheumes, Coughes, Poles, Pallies, Colicues, Agues, Sores Eyes, Cathars, Crampes, Tooth-ach, Scabbes, Itches, &c.

Of the Second part of the Yeare called the Spring.

*The Spring compared is to Infancy,
To spring and grow in Vertue till we dye.*

Sol in Aries, Taurus, Gemini.

The Spring Quarter is the most comfortable of all the yeare, and taketh its beginning when the glorious and resplendant Sunne entereth into the first degree of the first Equinoctiall Signe Aries, which is vpon Thursday being the xii. of March & continueth till Saturday the xii. of June, in which space of time the Sunne maketh his reuolution through these three Vernall Signes, Aries, Taurus, Gemini.

The proper condition of this Quarter is hot and moyst, participating of the Sanguine complexion: which humour hath most predomination from nine a Clocke at night, till three of the Clocke in the morning. Now are the dayes and nights of an equall length, and the cheerefull Sunne seemes to smile vpon the face of the new recovered Earth, causing it to produce all kinde of varieties to our Senses. This of all the other Quarters of the yeare, is the most pleasant and whole-

some:

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me, it being the most convenient time to remooue Dicales & long continuance, and to prevent those which are like to ensue. Now doe the Birds of the ayre couple and breed, Beasts of the Earth increase, and the Fishes of the Waters doe multiply in abundance, forsaking the deepe to live in more shallowe places: And now the Earth bringeth forth all sorts of Flowers, Herbes, Fruits and Plants, for the needfull use of Man and Beast. The Spring over-wet increaseth Mouldes, causing fruits to be scarce and rotten: It is fitting (for the preservation of our healths) that we now use such Meates as are of a colde and drie qualitie; and let your Drinckes be more coole & small in Winter: And now (if need require) is the best time to purge, Bathe, Bleede, and Sweat.

The usuall Infirmities of this Quarter, are Small-pocks, Measles, Scabbes, Pusshes in the face, Ringes enill, Agues, Feauers, &c.

Of the third part of the Yeare, called Summer.

*Like Man in his chiefe state and lusty yeares,
The ripening Summer Quarter best appears.*

Sol in Cancer, Leo, Virgo.

The Summer Quarter doth begiune when the scorching Sun entereth into the first degree of the Northern Equinoctiall of Cancer, which is vpon Saturday the xii of June, and doth continue till Sunday the xiii. of September, in which space of time hee passeth through these three Solstitiall Signs, Cancer, Leo, Virgo.

The naturall condition of this Quarter is to be hot & dry, being part of the Cholericke Complexion, which humour doth chiefly gouerne from 3. of the Clock in the morning, till before noone. Now is the Sunne at the highest, causing the dayes to be at the longest, and nights shortest. Heate is at the highest, floods at the lowest, Seas most quiet, and the Winds most calme: And now is the fruitful Earth cloathed in her richest embroyderie, imparting of her store to all sensible Crea-

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tures for their vse and comfirt: Flowers are in their beauty
and Fruits in their delicacie: and the painefull Bees gather
their Honey for their future sustenance: Now naturall heat
dispersed abroad vnto the outward parts of the Body, as
is not so hot within as in Winter, neither can bee digested in
grosse and strong Meates, as then; yet the most small and
coole Drinckes are most convenient for our healths, and the
store of Meates doeth best suffice Nature, and those which
boyled are most wholesome, and vse such things as are of
cold and moyst qualitie: An over-wett Summer rotte
Fruite, and destroyeth Come.

The Sickneses and Diseases of this Quarter, are Febrile
Perillence, Jaundies, Agues, paine in the Head and Belly, &c.

Of the fourth part of the Yeere, called Autumne or Haruest.

*As Autumne steales the sappe from Tree and Flower
So Death comes creeping neerer enery houre.*

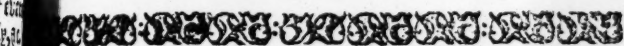
Sol in Libra, Scorpio, Sagitarij.

Autumne, or Harbest. (commonly called the fall of the
Leafe) becommeth when the Sun entereth into the first
gree of Libra, which is vpon Monday the xxi. of September
and endeth vpon Sunday the xxi. of December: where becom-
meth the second Equinoctiall, in which time hee runneth his
passage through these three Autumneall Signes, Libra, Scor-
pio, Sagitarij.

The vsuall condition of this Quarter is to be cold and dry
participating most of the Melancholy Complexion, in which
Humor doth chiefly governe from ix. of the Clocke in the
Morning, till 3. in the afternoone. The dayes are now againe
equally ballanced with the nights; the Grasse is mowed, Corn
reaped, Fruits gathered, and the painefull Husbandman reapeth
the profit of his forpassed labours: Now doeth the Earth
loose the beantie of her former glebe, Flowers fade, Leaves
fall, Floods increase, and all Creatures loose their former
Strength & vigour, and the most part of sensible Creatures

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steer against the stormie ensuing Winter: Of all the Quarters of the yeare this is the most unwholsome, & rec- diseases of divers kinds in our bodies; therefore beware of morning and evening cold, & vse such things as are of a hot moist quality: It is now a time (if need require) to Purge, and Bleed: Autumne being overtwet putrifieth Grapes, being bad Wines, and scarcity of Fruit. The diseases and sicknesse of this Quarter are many, as these be like; the Stone, paine in the Backe and Kidnies, loy- es, Melancholy, Falling sicknesse, Agues, Fluxes of Blood, Milae, C'moods, Spleene, &c.



A briefe Declaration of the disposi-
tion of the weather for every Quar-
ter of the Moone, for this Yeare,
1 6 4 1.

January.

New Moone on Friday the i. day, at thres of the clocke
the afternoone, frost.

First Quarter on Saturday, the ix. day, a quarter past iiii.
the clocke in the Evening, Faire.

Full Moone on Saturday, the xvi. day, a quarter past iiii.
the clocke in the Morning, Indifferent.

Last Quarter on Saturday the xxiii. day, a quarter past iiii.
in the Morning, Wet.

New Moone on Saturday, the xxx. day, at viii. of the
clocke in the Morning, Windy.

February.

First Quarter on Monday the viii. day, at xii. of the clocke
at Moone, Frost.

Full Moone on Monday the xv. day, at iiii. of the clocke in
the afternoone, Frost.

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Last Quarter on Sunday the xxi. day, at vi. the clocke in the morning, Windy and wet.

March.

New Moone on Sunday the first day, 3 quarters of an houre past i. of the clocke in the Morning, faire.

First Quarter on Tuesday the ix. day, 2 quarters of an houre past iiii. of the clocke in the morning, windy.

Full Moone on Tuesday the xvi. day, halfe an houre past ii. of the clocke at noon, Indifferent.

Last Quarter on Tuesday the xxiii. day, at vi. of the clocke at night, Frost.

New Moone on Wednesday the xxxi. day, a quarter of an houre past vi. of the clocke at night, faire.

April.

First Quarter on Wednesday the vii. day, halfe an houre past ii. of the clocke in the after noone, wet.

Full Moone on Wednesday the xiiii. day, at nine of the clocke in the morning, Windy.

Last Quarter on Wednesday the xxi. day, halfe an houre past vi. of the clocke in the morning, faire.

New Moone on Friday the xxv. day, halfe an houre past ii. of the clocke at noon, indifferent.

May.

First Quarter on Friday the vi. day, three quarters of an houre past ii. of the clocke in the morning, Faire.

Full Moone on Friday the xiii. day, at v. of the clocke in the morning, wet.

Last Quarter on Friday the xxi. day, a quarter of an houre past vi. of the clocke at night, wet.

New Moone on Saturday the xxv. day, halfe an houre past one of the clocke in the morning, Windy.

June.

First Quarter on Sunday the vi. day, a quarter of an houre past ii. of the clocke in the morning, indifferent.

Full Moone on Saturday the xii. day, at two of the clocke in the Morning, faire.

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Last Quarter the xx. day, on Sunday, at lili. of the clocke in the afternoon, very hot.

New Moone on Monday the xxviii. day, at ii. of the clocke in the afternoon, indifferent.

Julie.

First Quarter on Monday the xii. day, at xii. of the clocke at noon, gentle blasts.

Full Moone on Monday the xii. day, at xii. of the clocke at noon, Faire.

Last Quarter on Tuesday the xx. day, at ix. of the clocke in the morning, indifferent.

New Moone on Tuesday the xxvi. day, halfe an hour past xii. of the clocke at midnight, very hot.

August.

First Quarter on Tuesday the iii. day, at vi. of the clocke at night, wet.

Full Moone on Tuesday a quarter of an houre past xii. of the clocke at midnight, Windy.

Last Quarter on Wednesday, the xviii. day, a quarter of an houre past two in the morning, Faire.

New Moone on Thursday, the xxvi. day, at x. of the clocke in the forenoon, Indifferent.

September.

First Quarter on Wednesday the first day, a quarter of an houre past xii. of the clocke at midnight, sayre.

Full Moone on Thursday the ix. day, at three of the clocke in the afternoon, Wet.

Last Quarter on Friday the xvii. day, at vii. of the clocke at night, sayre.

New Moone on Friday, the xxiii. day, at vii. of the clocke at night, Indifferent.

October.

First Quarter on Friday, the first day, three quarters of an houre past ix. of the clocke in the morning, Faire.

Full Moone on Friday the viii. day, three quarters of an houre past vii. in the morning, Faire.

Last

A Prognostication:

Last Quarter on Sunday the xvii. day, at x. of the clocke in the morning, Indifferent.

New Moone on Saturday the xliii. day, at xliii. of the clocke in the morning, Windy.

First Quarter on Saturday, the xxx. day, a quarter of an houre past xi. of the clocke at night, Cloudy.

November.

Full Moone on Sunday the vii. day, at two of the clocke in the morning, frost.

Last Quarter on Monday, the xv. day, at two of the clocke in the afternoone, fayre.

New Moone on Monday, the xxii. day, at ii. of the clocke after noone, hard weather.

First Quarter on Monday, the xxix. day, a quarter of an houre past xii. of the clocke in the evening, Wet.

December.

Full Moone on Tuesday the vii. day, halfe an houre past xii. of the clocke at night, saye.

Last Quarter on Wednesday, the xv. day, a quarter of an houre past ix. of the clocke in the morning, wet and windy.

New Moone on Tuesday, the xxi. day, at one of the clocke in the morning, Frost.

First Quarter on Wednesday the xxix. day, at xii. of the clocke at noone, Fayre.

Of the Ecclipses this Yeare.

There will be no Eclipse either of the Sun
or Moone to be seene in our Horizon this
Yeare.

Certaine

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Certaine briefe Notes concerning the
Yeare and parts thereof, with other
generall Rules.

A Yeare properly is that revolution and
space of time wherein the Sun passeth
through the twelve Signes of the Zodiack.

A Yeere hath in it twelve Moneths of the
Sun, thirtene Months of the Moone : Fifty
two Weekes, three hundred threescore and
five dayes.

It is to be understood when a Yeere hath in
it but three hundred threescore and five dayes,
it is meant by the common yeare : But the A-
stronomicall yeeres certainteth three hundred
threescore and five dayes and five hours : and
when it is Leap yeere, the yeare is a day long-
er than the common yeares, which is in Febru-
ary, the common having but xxviij dayes, the
Leape xxix.

A Moneth of the Moone is the space and
length of time which is between the New
Moone and her Wane : And the usuall or com-
mon Moneth, is a certaine number of dayes,
which are xxviij.

A Week or Sevensnight, is the fourth part
of a Moneth.

A Day is the seventh part of a Week ; and
there be two sorts of dayes, the one is a day
naturall, the other a day artificiall.

A

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A day naturall, is the space of xxiiiij houres,
accounting the night withall.

An artificiall day, is that space of time
which is betwene the rising and setting of the
Sun.

An houre is the twenty fourth part of a day
naturall.

And a minute is an houre divided into
threescore parts.

Of the severall Conquests of ENGLAND.

Of Islands *England* was the greatest Ile,
by *Iulius Caesar* first of Romans knowne;
By Frenchmen next it was possess'd a while,
by *Claudius Caesar* they were overthrowne,
To whom, though they allegiance due did yeeld,
yet still their Lawes and Customes they retain'd,
Though they by Strangers then were soild in Field,
to beare a Strangers yoke yet they disdain'd.
Amongst all Islands *England* was the first,
that entertain'd the Gospell of the Lord,
Till *Dioclesian* for blood did thirst,
on all that to this Doctrine did accord.
Thisland by French-men and by Scots oppress'd,
the Saxons ayded it, and it enjoy'd,
Till Danes did vanquish them, and it possess'd,
who by the former People were destroy'd:
And ever since, the Noble *Normans* trace
five hundred seventy two yeares have remain'd,
No Forreigne powers their Kingdome could deface,
such stout victorious Kings of them have raign'd.
Heavens keepe our royall King, her Majestie,
And ever blesse their Royall Progenie.

The beginning, continuance, and ending
of the Kings reignes since the Conquest, with
the time how long it is since, to this Yeare 1641.

*Being fit for Scriveners, and such as are employ-
ed in Law causes.*

The Kings names.	Began his reigne.	Reigned years.mon.daies	Since their Reignes began.
Wil. Conq.	1066 Octob. 14	20 11 22	574 Octob. 14
Wil. Rufus	1087 Septem. 9	12 11 19	554 Septem. 9
Henry 1	1100 August. 1	35 4 11	540 August 1
Stephen	1135 Decem. 2	18 11 19	506 Decemb. 2
Henry 2	1154 Octo. 25	34 9 24	487 Octob. 25
Richard 1	1189 Iuly 6	9 9 22	451 Iuly 6
John	1199 April. 6	17 7 0	442 April 6
Henry 3	1216 Octob. 19	56 1 0	425 Octob. 19
Edward 1	1272 Nouē. 16	34 8 9	371 Nouem. 16
Edward 2	1307 Iuly 7	19 7 6	333 Iuly 7
Edward 3	1326 Ianua. 25	50 5 7	315 Ianuary 25
Richard 2	1377 Iune 21	22 3 16	264 Iune 21
Henry 4	1399 Septe. 29	13 6 5	242 Septem. 29
Henry 5	1412 March 20	9 5 24	229 March 20
Henry 6	1422 August. 31	38 6 18	219 August 31
Edward 4	1460 March 4	12 1 8	181 March 4
Edward 5	1483 April 9	0 2 18	158 April 9
Richard 3	1483 Iune. 22	2 2 5	158 Iune 22
Henry 7	1485 August. 22	23 8 19	156 August 22
Henry 8	1509 April. 22	37 10 2	132 April 22
Edward 6	1546 Ianua. 28	6 5 19	55 Ianuary 28
Mary	1553 Iuly 6	5 4 22	88 Iuly 6
Elizabeth 1.	1558 Nouē. 17	44 4 15	83 Nouem. 17
James.	1602 March. 24	22 0 3	39 March 24
Charles.	1625. Mar. 27.	After which, writing 17. yeares.	

A Prognostication.

The explanation of the former Table.

NOte that every King began his raigne, the same timeth
the next precedent King ended his.

If you desire to know how long it is since the beginning of
raigne of any King, looke how long it is since the ending of
precedent King, and there you shall finde your request.

As for example: If you would know when King Henry the
began his raigne, how long he raigned, and also how long it
since his raigne: find out first his name amongst the names of
Kings, and searching the row towards the right hand, you
shall finde he began his raigne in the year 1509 the 22 of April, and
the title of the time that he raigned, is 37 yeares, 10 months
and 2 days: And looking forward in the same rowe, where
132 yeares April 22 under the title of since his raigne began.

How to iudge what Weather will follow, by the rising and setting of the Sunne.

The Sunne rising bright and cleare, signifieth a pleasant day.
If he rise fiery red, it promiseth raine: If in his rising he be
thickly overcast with a cloud, it betokeneth foule weather: If the
Sun be true the clouds before him into the West, it signifieth fair
weather: If at his rising there appeare a circle about him, he
shineth a day equally, it betokeneth fair weather. Also, if he
rise red, it signifieth faire weather: If at his setting he be of divers
colours, or clouds like water, it threatneth raine. If at the rising
the Sun, his beames seeme red, or long, or encompassed with
clouds, it signifieth great windes: If at his setting there appeare
thicke mists, or if it raineth in the evening, it threatneth very
foule weather to follow. Also, if the Sunne beames be spotted with
greene, pale, or blacke, gathered to a cloud, it signifieth raine.
If the Sun setting cleare without any cloud, signifieth a faire night
and fine. If the circle, or circles about the Sun be cleare, and of
long continuance, looke for faire weather: If there be many circles, it
signifieth windes: the redder they are, the more vehement windes.
If the circles are heere and there broken, and are thicke and blacke,
looke for cold wind or snow: Or, if he settle behind a great black
cloud, raine followeth.

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How weather is foreknewne by the Moone.

If the Moone in the third day of her change, or three daies before her full, or in the midst of the quarter, be found of pure light, nothing encompassing her, the ends direct vp, shee promtieth layre weather: but bent to red color, pronoketh winds. The Moone pale, somewhat blacke or thicke, threatneth raine. When the Moone five daies old, marke the tips of her hornes, if they be blunt, it signifieth raine: if sharpe poynted and pricking bywards, great winds. If in the fourth day after her change, she haue a red circle about her, it signifieth winds and raine.

Of the iudgement of the weather by the Stars.

If the Starres appeare of much light, and seeme to be of more brightnesse & blazing then ordinary, it betokeneth great windes & tempeste in that part where they seeme so: and in Winter, great frosts. When diuine Starres appeare with long fiery tayles, it threatneth winds, and great drought: the more in number, the greater will be the effect. Also, when Starres seeme to shoot or fall, it signifieth great windes in that place: If they seeme to shoot in diuers places, it signifieth diuers windes: If in all places, windes, thunder, lightning, and most tempestuous weather.

Short Instruction, and very necessarie to know
the times and seasons when to Sow, and replant
all maner of Seedes for the Garden.

Sow Cabbages in Februarie, March, or Aprill, in the Wane of the Moone: and replant them in the Decrease.

Sow Cabbage-Lettuie in Februarie, March, or Iuly, in the Wane of the Moone.

Sow Onions & Leekes, in Februarie or March, at the Wane of the Moone.

Sow Beetes in Februarie or March, at a full Moone.

Sow

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Sow Coleworts white & greene, in the middle of August or September: Plant the young ones in October, and lett them age in November.

Sow Parneys in Februarie, Aprill, or June, in a fayre day.

Sow Radish in Februarie, Aprill, or June, in the increas of the Moone.

Sow Pumpions, Cowcumpbers, Melons, and Gourdes, in February, March, or June, in a hotte and fayre day.

Sow Spynage in Februarie or March, in the old of the Moone.

Sow Parsely, Fennell, and Annis-seede, in February or March, at the full of the Moone.

Sow white Cicory in February, March, July, or August, in an old Moone.

Sow Cardus-benedictus in February, March, or May, when the Moone is old.

Sow Basil in March, in an old Moone.

Sow Purselaine in February, or March, in the increas of the Moone.

Sow Margeram, Violets, Tyme, Flower-gentle, Rosemary, Lavender, in February, March, or Aprill, at the increas of the Moone.

Sow Garden-creeses, and Rocket, in February, at the increas of the Moone.

Sow Savill in February or March, at a new Moone.

Sow Copstander, and Borage, in February or March, at the increas of the Moone.

Sow Harts-home, and Samphire, in February, March, or Aprill, at an old Moone.

Sow Gilliflowers, Hearts-ease, and Wall-flowers, in February, or Aprill, in an old Moone.

Sow Cardus, and Artichokes, in March or Aprill, when the Moone is old.

Sow Chick-weed, in February or March, at the full of the Moone.

Sow Burnet in February or March, at an old Moone.

Sow Nisep and Sanery in March, when the Moone is old.

Sow double Marigolds in February or March, at the increas of the Moone.

Sow Larkes-foote, Sparges, and Sperage, in February, at an old Moone.

White. 1641.

to white Poppy, and Palma Christi in February or March,
at the increase of the Moone.

in all manner of Corne the Moone increasing, the being in
Cancer, Libra, or Aquarius.

For to sow all kind of Seeds the Moone in Aries, Taurus, Can-
cer, Virgo, Libra, Capricorne, Aquarius, or Pisces: but those
Seeds whose Rootes are round, should be sowne thre or
fower dayes before, or after the full Moone.

Certaine and short Rules, for the comforting of the chiefe officiall Members of the Body of Man.

Things which are good to comfort the Head.

Ignia-Aloes, Marcorum, Galingale, Muske, Rosemary,
Roses, Cammomell, Rue, Frankinsence, Nutmegs, Mylop,
Saline, Mints, Spike, and Claden.

Things good for the Eyes.

Camell, Cloves, Cold water, Celendine, Tybalt, Ro-
se, and Agrimony.

Things good for the Stomacke.

Nutmegs, Cloves, Duganum, Corall, Saffron, Quinces,
Cloverwood, Olibanum, Agrimony, Fennel, Myrtles,
Lignum-Aloes, Spodium, and Coriander prepared.

Things good for the Heart.

Saffron, Cloves, Cinamon, Bacc, Nutmegs, Marcorum, Bur-
rage, Buglosse, Rosemary, Mirabolanes, Pearles, Lignum-
Aloes, Corall, Muske, and Serwell.

Things good for the Liver.

Herwort, great Raysons, Clovewood, Agrimony, Saffron,
Cloves, Cardus, Violets, Fennell, Plantane, Dragons, Rose-
water, Lettuce, Violets, Sanders.

Things good for the Lungs.

Raisins, Raisons, Almonds, Dates, Lungwort, Myrrour,
Cicampant, Pistaces, and Benedictes.

A Prognostication

Things hurtfull for the Body.

Meates hurtfull to the Teeth.

Nittes, Meates very hot, warme drinke, Sweete meates and drinckes, Radish rootes, hard meates, Bitter meates, Much Vomitting, Leekes, Fatte of Fish, Coleworts, & Kirwens.

Things hurtfull to the Eyes.

Garlicke, Onions, Radish, Drunkenesse, Letherie, warme thicke wines, Salt meates, Coleworts, all Pulle, Must, Must, Smeake, Fire, and reading presently after supper.

Rules of Mensuration.

A Fingers bredth is foure Barly cornes in thicknes; and an Inch three Barly cornes in length: A handes bredth foure fingers.

A span is thre handes bredth: A foot is foure handes bredth. A Geometricalle Pale is five foot: an English Pearch is xvi. foot. A Furlong is a hundred & twenty five paces, or six hundred threescore and five foot: An English Furlong is six hundred and threescore foot, or a hundred thirtie two paces: A League is a thousand & five hundred paces: An Italian Mile is a thousand paces, or five hundred paces: A common German Mile is thirtie two Furlongs. An English Mile is eight Furlongs: An Acre is fortie Pearches length, and foure in bredth.

A short Instruction for the Table following.

Note that the first Colunne or Row, containeth the Names of Shires, the second of Cities, the third of Bishopricks, the fourth of Castles, &c. Now goe straight in a line, and you shall easily finde the number Alphabetically, as well in the English as for the Welsh shires: As for example, Buckinghamshire hath no Citty, no Bishopricke, 11. Parker Townes, no Castles, 185. Parishes, &c.

White. 1641.

A Catalogue of all the Shires, Cities, Bishop-
ricks, Market-Townes, Castles, Parishes,
Riuers, Bridges, Chafes, Forrests, and Parkes,
conteyned in euery particular Shire
in the Kingdome of England.

Shires.	Cities.	Bishop- ricks.	Market- townes.	Castles.	Par- ishes.	Riuers.	Bridges.	Chafes.	Forrests.	Parkes.
Derbyshire.	0	0	11	2	140	3	7	0	1	13
Bedfordshire.	0	0	10	0	116	1	6	0	0	12
Buckinghamshire.	0	0	11	0	185	2	14	0	0	45
Cambridgeshire.	0	1	6	0	163	1	7	0	0	5
Cheshire.	1	1	9	3	68	9	19	0	2	18
Cornwall.	0	0	23	6	161	7	31	0	0	9
Cumberland.	0	1	8	15	58	20	33	0	3	84
Derbyshire.	0	0	8	4	106	13	21	0	1	33
Devonshire.	1	1	40	3	394	23	106	0	0	22
Dorsetshire.	0	0	18	6	248	4	29	1	2	11
Durham;	0	1	5	4	62	11	20	0	0	26
Essex.	1	0	21	1	415	7	28	0	1	19
Gloucestershire.	1	1	20	1	180	12	22	1	2	2
Hamshire.	1	1	18	5	248	4	31	0	4	23
Hertfordshire.	0	0	18	0	120	1	24	0	0	23
Hirefordshire.	0	1	8	7	176	13	11	1	1	8
Huntingtonshire.	0	0	5	1	78	1	5	1	1	73
Kent.	2	2	17	8	398	6	14	0	0	20
Lancashire.	1	0	8	6	36	33	24	0	1	33
Leicestershire.	1	0	11	2	200	1	10	0	2	13
Lincolne shire.	1	1	26	2	630	9	15	0	0	12
Middlesex.	2	1	3	0	73	1	3	1	0	4
Northampton shi.	1	1	11	2	326	5	24	0	3	4
Nottingham shi.	1	0	11	0	168	5	17	0	1	8
Northumberland.	0	0	11	22	40	21	15	0	1	8
Norfolk.	1	1	26	0	660	3	15	0	0	0

A Prognostication.

Shires.	C.	Byll.	M. T.	C.	Parri.	R.	Br.	Ch.	For.	Pa.
Oxford shire	1	1	10	0	208	3	26	0	4	9
Rutland	0	0	2	0	47	0	1	0	0	4
Shrop shire	1	0	13	13	170	18	13	0	7	1
Somerset shire	3	2	29	1	385	9	45	0	2	1
Stafford shire	1	1	12	5	130	13	19	1	1	1
Suffolke	Q	0	28	1	464	2	32	0	0	1
Sussex	1	1	18	1	312	2	10	0	4	1
Surrie	0	0	7	0	140	1	7	0	1	1
Warwicke shire	1	1	12	1	158	7	21	1	0	1
Westmoreland	1	0	4	6	26	8	15	0	2	1
Wilt shire	1	1	21	1	304	5	31	1	9	1
Worcester shire	1	1	7	3	152	5	13	1	2	1
Yorke shire	1	1	46	14	563	36	62	4	8	1
Anglesey.	0	0	3	0	83	8	2	0	0	1
Brecknockshire.	0	0	3	4	70	27	13	0	0	1
Cardigan shire.	0	0	4	0	77	26	9	0	1	1
Carmarthin shire	0	0	6	4	81	20	16	0	1	1
Carnaruan.	0	1	5	3	73	17	6	0	0	1
Denbigh shire.	0	0	3	3	53	24	6	0	0	1
Flint shire.	0	1	3	4	24	4	2	0	0	1
Glamorgan shire	0	1	7	12	151	16	6	0	0	1
Montgomery shi	0	0	5	3	42	28	6	0	0	1
Monmouth shire	0	0	6	7	142	15	14	1	0	1
Merionidth shire	0	0	3	2	34	26	7	0	0	1
Penbroke shire	0	1	6	5	142	6	7	0	2	1
Radnor shire	0	0	4	5	43	13	5	0	0	1

The Contents, Compas, Length, and Breadth of ENGLAND.

Thus much in Miles whole *England* it containes;—3486
 Thus much in Miles will reach about it round:—1890
 Her length from *Lizard-point* to *Bawick-straits*—334
 Twixt *Dover*, & *Holy-head* the breadth is found.—250

The Moones night shining.

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White. 1641.

A Table to know how many Howeres and Minutes the Moone shineth euery Night in the Yeare.

The age of the Moone encreasing.	The Howeres and Minutes that she shineth.		The age of the Moone decreasing.
	Howeres.	Minutes.	
☾			☾
1	0	48	29
2	1	36	28
3	2	24	27
4	3	12	26
5	4	0	25
6	4	48	24
7	5	36	23
8	6	24	22
9	7	12	21
10	8	0	20
11	8	48	19
12	9	36	18
13	10	24	17
14	11	12	16
15	12	0	15

The Moones morning shining.

The Moones night shining.

The vse of this Table.

Take the age of the Moone in the Almanack, then looke the same in this Table, which you shall find either in the increasing or decreasing, and then in the middle Columnne you shall without further labour find the time of her shining.

As for Example: Upon the 4 day of January, I would know how many howeres & minutes the Moone shineth: I find in the Almanack it is New Moone the 1 day at 3 in the after noon, then reckoning from that time to the 4. I finde she is 3 daies old: Then entering this Table, it sheweth, she shineth 2 howeres and 24 minutes: So doth she likewise when she is 27 daies old, &c.

Times of Mariage prohibited by our
Church, unlesse they haue a License.

From Advent Sunday (the 29 of November 1640) 11
dayes after Twelſe day, beino the 14 of January.

From after Septuagesima Sunday (being the 21 of Fe-
bruary) till the 2. of May.

From Monday before Ascension day (being the 31. of May)
till Trinitie Sunday, the 20. of June.

The explanation of a new and easie Kalender here
following, for this present Yeare, 1641.

Note that euery Moneth conteyneth three rowes of Cal-
lumes, (the Figures for the number of Dayes excepted)
first Columne toward the left hand conteineth the Weekes Day
and Sunday Letter. The second, the Signe wherein the Moon
is enery day. And the third, the Changes and Quarters of the
Moone. Note that \bigcirc being thus \bigcirc figured both signifie the
new Moone: and placed thus D way is the first Quarter: C
the full Moone; And againe this C the last Quarter. Note
also, that the Figures ouer the head of the Moones, doe signify
the houre of her Changes; and the Letters vnderneath, the time
after noone, or after midnight, N. standing for after noone till
Midnight, and M. for after Midnight till Noone.

As for example, Against the 1. day of January, being Friday
I do find the Moon in v Capricorn and is thus \bigcirc charactered,
which is the New Moone at 3 of the clock in the after noone.

Againe, on the 21. of February being Saturday, I doe find
the Moon in f Sagittary, and is thus D charactered, which is the
Last Quarter at 6 of the clocke in the morning.

Note also, that at the head of euery Moneth is placed the ris-
ing and setting of the Sunne for the middle of euery Moneth.
As for example, for the midst of January the \bigcirc . Sunne riseth
at 7 of the clock, and 43 minutes; and setteth at 4 of the clock
and 17 minutes, &c.

It also conteyneth (on the back side of the leafe) for euery Mo-
neth, the Holy-dayes, and Feasts, both Movable and Im-
mutable; with the beginning and ending of euery Terme: As
Twelſeday is on the 6 of January, Easter day on the 25. of
April: Whitsunday is on the 13 of June; Terme begins on the
23 of January, and endeth the 12 of February, &c.

♈. Aries, ♉. Taurus, ♊. Gemini, ♋. Cancer, ♌. Leo, ♍. Virgo,
 ♎. Libra, ♏. Scorpio, ♐. Sagittarii, ♑. Capricorne, ♒. Aquarius,
 ♊. Pisces. The ☾ New Moone. The ☾ first Quarter,
 The ☾ Full Moone. The ☾ last Quarter.
 And ☾ the Sunday Letter.

Day. M.	Septem.	Octob.	Novem.	Decem.	The Feasts Moouable and Immoouable: With the Termes, &c.	
	6. 4 5. 56	7. 3 5. 57	7. 55 4. 5	8. 13 3. 47	January.	July.
1	f ♀) a ♀) d ♀	f ♀) a ♀) d ♀	f ♀) a ♀) d ♀	f ♀) a ♀) d ♀	New years day 1.	Terme ends, 1.
2	g ♀ at b ♀ ac e ♀	g ♀ at b ♀ ac e ♀	g ♀ at b ♀ ac e ♀	g ♀ at b ♀ ac e ♀	Twelve day 6.	Dog dai. begi.
3	a ♀ 12 c ♀ o f ♀	a ♀ 12 c ♀ o f ♀	a ♀ 12 c ♀ o f ♀	a ♀ 12 c ♀ o f ♀	Terme begin. 23.	S. James Apo.
4	b ♀ m d ♀ m g ♀	b ♀ m d ♀ m g ♀	b ♀ m d ♀ m g ♀	b ♀ m d ♀ m g ♀		
5	c ♀ e ♀ a ♀ at c ♀ at	c ♀ e ♀ a ♀ at c ♀ at	c ♀ e ♀ a ♀ at c ♀ at	c ♀ e ♀ a ♀ at c ♀ at	February.	August.
6	d ♀ i ♀ at b ♀ d ♀ 2 d ♀ 8	d ♀ i ♀ at b ♀ d ♀ 2 d ♀ 8	d ♀ i ♀ at b ♀ d ♀ 2 d ♀ 8	d ♀ i ♀ at b ♀ d ♀ 2 d ♀ 8	Purif. of Mary, 2.	Barthol. Ap. 2.
7	e ♀ g ♀ 8 c ♀ d ♀ e ♀ 11	e ♀ g ♀ 8 c ♀ d ♀ e ♀ 11	e ♀ g ♀ 8 c ♀ d ♀ e ♀ 11	e ♀ g ♀ 8 c ♀ d ♀ e ♀ 11	Terme ends, 12.	Dog da. end, 1.
8	f ♀ at a ♀ d ♀ m f ♀ 11	f ♀ at a ♀ d ♀ m f ♀ 11	f ♀ at a ♀ d ♀ m f ♀ 11	f ♀ at a ♀ d ♀ m f ♀ 11	S. Mathias, 24.	September.
9	g ♀ 3 b ♀ m e ♀ 11	g ♀ 3 b ♀ m e ♀ 11	g ♀ 3 b ♀ m e ♀ 11	g ♀ 3 b ♀ m e ♀ 11	March.	Mathew Apo. 2.
10	a ♀ c ♀ f ♀ 11	a ♀ c ♀ f ♀ 11	a ♀ c ♀ f ♀ 11	a ♀ c ♀ f ♀ 11	Shrove sund. 7.	Michael Arch.
11	b ♀ n d ♀ g ♀ 11	b ♀ n d ♀ g ♀ 11	b ♀ n d ♀ g ♀ 11	b ♀ n d ♀ g ♀ 11	Annu. of Mary, 25	October.
12	c ♀ e ♀ a ♀ at c ♀ at	c ♀ e ♀ a ♀ at c ♀ at	c ♀ e ♀ a ♀ at c ♀ at	c ♀ e ♀ a ♀ at c ♀ at	Ina. Reg. Car. 27	Terme begin,
13	d ♀ f ♀ g ♀ 11	d ♀ f ♀ g ♀ 11	d ♀ f ♀ g ♀ 11	d ♀ f ♀ g ♀ 11	April.	Luke Euang.
14	e ♀ g ♀ 11 c ♀ d ♀ e ♀ 11	e ♀ g ♀ 11 c ♀ d ♀ e ♀ 11	e ♀ g ♀ 11 c ♀ d ♀ e ♀ 11	e ♀ g ♀ 11 c ♀ d ♀ e ♀ 11	Easter day, 25.	Simon & Jude,
15	f ♀ 11 at a ♀ d ♀ at d ♀ 2 f ♀ 11	f ♀ 11 at a ♀ d ♀ at d ♀ 2 f ♀ 11	f ♀ 11 at a ♀ d ♀ at d ♀ 2 f ♀ 11	f ♀ 11 at a ♀ d ♀ at d ♀ 2 f ♀ 11	Mark Euang. 25.	November.
16	g ♀ 11 7 b ♀ d ♀ 10 e ♀ m c ♀ g ♀ 11	g ♀ 11 7 b ♀ d ♀ 10 e ♀ m c ♀ g ♀ 11	g ♀ 11 7 b ♀ d ♀ 10 e ♀ m c ♀ g ♀ 11	g ♀ 11 7 b ♀ d ♀ 10 e ♀ m c ♀ g ♀ 11	May.	All Saints,
17	a ♀ 11 c ♀ e ♀ 11	a ♀ 11 c ♀ e ♀ 11	a ♀ 11 c ♀ e ♀ 11	a ♀ 11 c ♀ e ♀ 11	Phil. & Iacob, 1.	Howe treat
18	b ♀ d ♀ n d ♀ m g ♀ 11	b ♀ d ♀ n d ♀ m g ♀ 11	b ♀ d ♀ n d ♀ m g ♀ 11	b ♀ d ♀ n d ♀ m g ♀ 11	Terme begin. 12.	Nat. of K. Car.
19	c ♀ e ♀ m ♀ a ♀ 11	c ♀ e ♀ m ♀ a ♀ 11	c ♀ e ♀ m ♀ a ♀ 11	c ♀ e ♀ m ♀ a ♀ 11	Rogation sun. 30	Advent Sund.
20	d ♀ f ♀ m ♀ b ♀ m d ♀ f ♀ 1	d ♀ f ♀ m ♀ b ♀ m d ♀ f ♀ 1	d ♀ f ♀ m ♀ b ♀ m d ♀ f ♀ 1	d ♀ f ♀ m ♀ b ♀ m d ♀ f ♀ 1	June.	Terme ends, 2.
21	e ♀ 11 at a ♀ 11 at d ♀ 2 f ♀ m	e ♀ 11 at a ♀ 11 at d ♀ 2 f ♀ m	e ♀ 11 at a ♀ 11 at d ♀ 2 f ♀ m	e ♀ 11 at a ♀ 11 at d ♀ 2 f ♀ m	Ascension day, 3.	S. Andrew Apo.
22	f ♀ m ♀ at a ♀ 11 at d ♀ 2 f ♀ m	f ♀ m ♀ at a ♀ 11 at d ♀ 2 f ♀ m	f ♀ m ♀ at a ♀ 11 at d ♀ 2 f ♀ m	f ♀ m ♀ at a ♀ 11 at d ♀ 2 f ♀ m	Terme ends, 7	December.
23	g ♀ m ♀ 7 b ♀ 11 4 e ♀ f ♀ 11	g ♀ m ♀ 7 b ♀ 11 4 e ♀ f ♀ 11	g ♀ m ♀ 7 b ♀ 11 4 e ♀ f ♀ 11	g ♀ m ♀ 7 b ♀ 11 4 e ♀ f ♀ 11	Whit Sunday, 13	S. Tho. Apo.
24	a ♀ 11 c ♀ e ♀ 11	a ♀ 11 c ♀ e ♀ 11	a ♀ 11 c ♀ e ♀ 11	a ♀ 11 c ♀ e ♀ 11	S. John Bap. 24.	Christmas da.
25	b ♀ 11 n d ♀ m m g ♀ 11	b ♀ 11 n d ♀ m m g ♀ 11	b ♀ 11 n d ♀ m m g ♀ 11	b ♀ 11 n d ♀ m m g ♀ 11	Term begins. 25	S. Stephen,
26	c ♀ m e ♀ f ♀ a ♀ 11	c ♀ m e ♀ f ♀ a ♀ 11	c ♀ m e ♀ f ♀ a ♀ 11	c ♀ m e ♀ f ♀ a ♀ 11	Peter Apost. 29.	S. John,
27	d ♀ m f ♀ g ♀ at c ♀ 4 f ♀ 11	d ♀ m f ♀ g ♀ at c ♀ 4 f ♀ 11	d ♀ m f ♀ g ♀ at c ♀ 4 f ♀ 11	d ♀ m f ♀ g ♀ at c ♀ 4 f ♀ 11		Immaculate da.
28	e ♀ f ♀ a ♀ 11 c ♀ e ♀ 11	e ♀ f ♀ a ♀ 11 c ♀ e ♀ 11	e ♀ f ♀ a ♀ 11 c ♀ e ♀ 11	e ♀ f ♀ a ♀ 11 c ♀ e ♀ 11		
29	f ♀ g ♀ b ♀ 11 d ♀ m g ♀ 11	f ♀ g ♀ b ♀ 11 d ♀ m g ♀ 11	f ♀ g ♀ b ♀ 11 d ♀ m g ♀ 11	f ♀ g ♀ b ♀ 11 d ♀ m g ♀ 11		
30	g ♀ 11 c ♀ e ♀ 11	g ♀ 11 c ♀ e ♀ 11	g ♀ 11 c ♀ e ♀ 11	g ♀ 11 c ♀ e ♀ 11		
31						

FINIS